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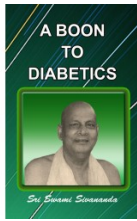
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A Boon to Diabetics

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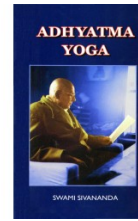
Author: Swami Sivananda

Language: English

An exhaustive approach to the treatment of diabetes.

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Price: ₹70.00



Adhyatma Yoga

Ref: ES29

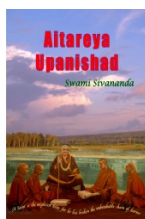
Author: Swami Sivananda

Language: English

Coming as it does from the pen of a realised sage, this book is rich in sagely wisdom and wit, and should prove an invaluable asset to every seeker in his onward march to God-head.

[More Information](#)

Price: ₹125.00



Aitareya Upanishad

Ref: ES148

Author: Swami Sivananda

Language: English

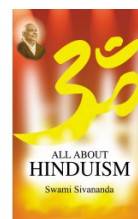
The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Aitareya Upanishad.

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Price: ₹50.00



All About Hinduism

Ref: ES5

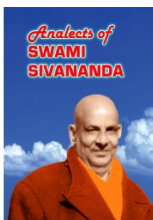
Author: Swami Sivananda

Language: English

A unique book of its kind elucidating, as never before, the nuances of the all–comprehensive religion of Hinduism, the best extant textbook in its theory and practice.

[More Information](#)

Price: ₹255.00



Analects of Swami Sivananda

Ref: ES16

Author: Swami Sivananda

Language: English

THE ANALECTS deals with the fundamental problems of life and gives in a succinct, clear and inspiring language the essentials of a divine life.

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Price: ₹55.00



Ananda Gita

Ref: ES7

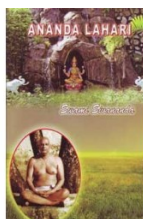
Author: Swami Sivananda

Language: English

Essence of Yoga Sadhana presented in a most practical manner, covering a lucid survey of various Yogas: Karma, Bhakti, Raja, Hatha, Kundalini, Japa and others.

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Price: ₹75.00



Ananda Lahari (The Blissful Wave)

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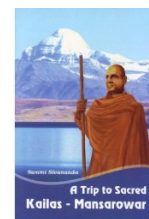
Author: Swami Sivananda

Language: English

Translation and commentary by Sri Swami Sivananda on Sri Sankaracharya's Ananda Lahari.

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Price: ₹40.00



A Trip to Sacred Kailas - Mansarowar

Ref: ES100

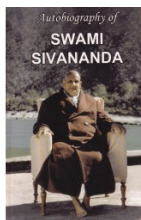
Author: Swami Sivananda

Language: English

An inspiring spiritual travelogue by Worshipful Gurudev Sri Swami Sivanandaji Maharaj beautifully describing his journey and experiences during Sacred Kailas–Mansarowar Yatra undertaken in 1931.

[More Information](#)

Price: ₹30.00



Autobiography of Swami Sivananda

Ref: ES9

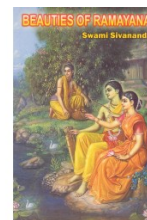
Author: Swami Sivananda

Language: English

An honest, forthright, modest and inspiring self-narration of the world-renowned saint and sage.

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Price: ₹160.00



Beauties of Ramayana

Ref: ES226

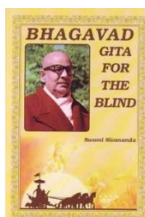
Author: Swami Sivananda

Language: English

Essence of Srīmad-Ramayana narrated in a simple, direct and lucid style.

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Price: ₹155.00



Bhagavad Gita for the Blind

Ref: ES98

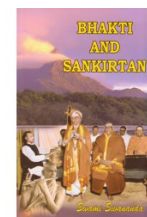
Author: Swami Sivananda

Language: English

The Compassionate Master, out of his great love for his visually challenged brethren, has specially written it in his inimitable lucid style, in a manner suitable to them. The two editions of the book have already been published in Braille as well to enable our visually challenged brethren to illumine their hearts with the divine wisdom of this sublime scripture.

Written in English (not Braille)

Price: ₹30.00



Bhakti and Sankirtan

Ref: ES17

Author: Swami Sivananda

Language: English

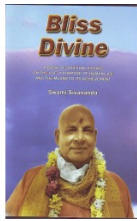
Essence of Bhakti Sadhana stressing the importance of worship, Upasana, Manasic, Puja, etc., discussed with instructions.

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Price: ₹150.00

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Bliss Divine

Ref: ES19

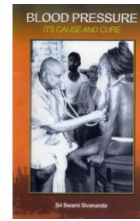
Author: Swami Sivananda

Language: English

An immortal book and a legacy for ages to come. Not only is it a summary of all scriptures of all ages, but it also offers comfort and consolation, enlightenment and elucidation, in a manner that makes a direct appeal to the modern mind. 86 self-contained essays, covering all aspects of the life spiritual, each one a fountain of inspirational wisdom. 528 pages.

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Price: ₹445.00



Blood Pressure: Its Cause and Cure

Ref: ES54

Author: Swami Sivananda

Language: English

Blood pressure is fast becoming something in the nature of a universal malady. This book will certainly provide very important and valuable knowledge on the subject. A valuable feature of this work is the psychological and spiritual hints we have included in it for the attainment of subtle, inner strength, sound and serene mind and a state of radiant vitality by the earnest seeker after health and well-being.

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Brahmacharya Drama

Ref: ES115

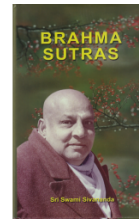
Author: Swami Sivananda

Language: English

These are a series of plays penned by the mighty pen of Swami Sivananda for the benefit of boys and girls on the important subject of chastity.

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Price: ₹50.00



Brahma Sutras

Ref: ES22

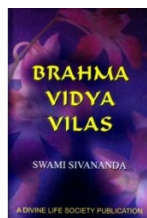
Author: Swami Sivananda

Language: English

A clear and easy exposition by Swami Sivanandaji Maharaj. Each Sutra also contains a word-by-word meaning and a running translation. In addition, Swamiji has given useful information, which will not be found in other notes and commentaries.

[More Information](#)

Price: ₹470.00



Brahma Vidya Vilas

Ref: ES28

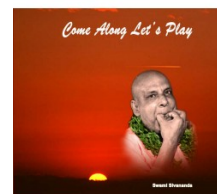
Author: Swami Sivananda

Language: English

Brahma Vidya or the Science of Sciences enables man to know the very source of Knowledge itself. Brahma Vidya enables us to lead a better and more fruitful life here, a life of harmony, love, service, peace and joy. That Brahma Vidya is herein presented in the form of delightful plays.

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Price: ₹75.00



Come Along Let's Play

Ref: ES107

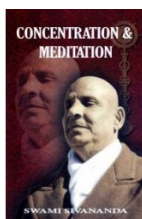
Author: Swami Sivananda

Language: English

The great Lord plays with the cosmos as well with the embodied beings. Everything and everywhere is His playground. If we let Him play, He plays through us. For this hospitality of ours, He shares His Bliss and Peace with us. He cannot play without us. We cannot enjoy happiness without Him. Let the Lord, our team leader, decide the game for us. Come along, let's join Him.

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Price: ₹105.00



Concentration and Meditation

Ref: ES27

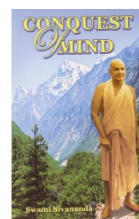
Author: Swami Sivananda

Language: English

A remarkable treatise on the energies of the inner Man and their application in daily life. A classic on the magnificent psychological science of success in the different fields of life.

[More Information](#)

Price: ₹235.00



Conquest of Mind

Ref: ES228

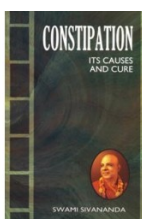
Author: Swami Sivananda

Language: English

This book presents a number of most helpful hints on the Nature of mind, and many methods for the successful conquest of mind. This work will be found highly useful by aspirants, devotees, seekers after Truth, psychologists, and others who are seeking peace of mind and happiness in life.

[More Information](#)

Price: ₹330.00



Constipation - Its Causes and Cure

Ref: ES311

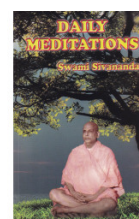
Author: Swami Sivananda

Language: English

Constipation, along with Diabetes and Blood Pressure, has come to be regarded as a natural outcome of modern civilisation. Swami Sivanandaji, who is ever eager to remove the sufferings of mankind by every means possible, has blessed us with his characteristically comprehensive and concise treatment of this dire disease.

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Price: ₹120.00



Daily Meditations

Ref: ES104

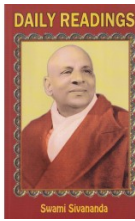
Author: Swami Sivananda

Language: English

A composite collection of spiritual teachings to spiritualise the reader's daily duties, enhance his progress towards peace and perfection, solve the problems which he might encounter and give an insight into a better and worthier living. The reader should meditate and think deeply, concentrating his mental faculties on the thought of the day.

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Price: ₹155.00



Daily Readings

Ref: ES73

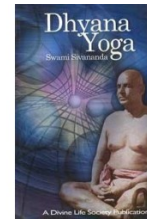
Author: Swami Sivananda

Language: English

A good, holy thought to start the day with is more precious than all the wealth you can acquire and all the happiness that you can enjoy during the day.

[More Information](#)

Price: ₹115.00



Dhyana Yoga

Ref: ES33

Author: Swami Sivananda

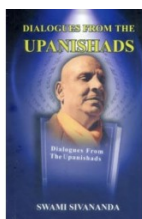
Language: English

An informative and instructive handbook on the all-important art and science of meditation. This is also a primer on the technique of concentrating on the unbroken flow of one idea.

ISBN: 8170520363.

[More Information](#)

Price: ₹155.00



Dialogues from the Upanishads

Ref: ES78

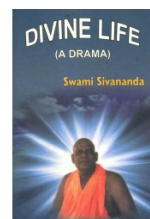
Author: Swami Sivananda

Language: English

This book is a collection of the most sublime and thrilling portions of the Upanishads, the only authentic source of spiritual knowledge that treats of Jnana or Knowledge of the Self. Essence of the Upanishads portrayed in an absorbing, effective and lucid style.
ISBN: 8170521289.

[More Information](#)

Price: ₹120.00



Divine Life (A Drama)

Ref: ES114

Author: Swami Sivananda

Language: English

We beg to place before the spiritually inclined public and habitual readers of Sri Swami Sivanandaji's works, another drama in four acts in the shape of the present volume. The "Brahmacharya Drama" which was the first of its kind written by Sri Swamiji at first appeared in his monumental work: "Sure Ways for Success in Life and God-realisation." Seeing that this drama had peculiar appeal to the students and the public, it was later printed as a separate volume in the present series. It also came to be staged in different parts of the country and was translated into one of the South Indian languages and into Hindi and enacted before crowded gatherings by highly educated persons.

The setting of the present drama is very realistic and should have its own appeal to lovers of histrionics. Our present object will surely be served if this drama is staged by them before crowded audiences with the sole object of sowing the seeds of spirituality on new grounds. We also hope that the reading public at large will accord it a thundering welcome and popularise it amongst others.

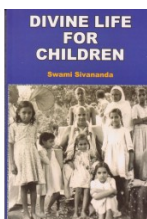
This drama will be translated and printed in Hindi for the benefit of the Hindi knowing public.

[More Information](#)

Price: ₹45.00

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Divine Life for Children

Ref: ES34

Author: Swami Sivananda

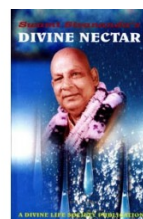
Language: English

A homely introduction to the young for intellectual, moral and spiritual development. Filled with stories, songs, and riddles, this book contains lessons on practically all a child has to understand in the beginning of his or her studies in life – lessons on divine truths, saints, sages, character, morality, etc.

ISBN: 8170520401.

[More Information](#)

Price: ₹110.00



Divine Nectar

Ref: ES35

Author: Swami Sivananda

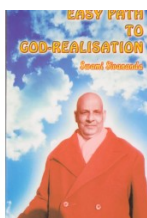
Language: English

Nectar is itself the distilled essence of many sweet flowers, and in the same way this very helpful book is the distillation of the sweet and holy wisdom of Swami Sivananda. Sayings, teachings, thought gems, pearls of wisdom, spiritual experiences, and inspirational talks are available in a very simple format.

ISBN: 8170520231.

[More Information](#)

Price: ₹230.00



Easy Path to God-Realisation

Ref: ES310

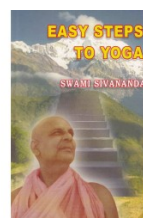
Author: Swami Sivananda

Language: English

The live to be lived for all true seekers towards God-realisation is clearly given in this books.

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Price: ₹130.00



Easy Steps to Yoga

Ref: ES40

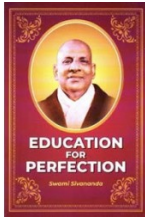
Author: Swami Sivananda

Language: English

Explains in an easy and homely style the basic principles of Yoga for the beginner. Contains complete information on the guiding principles and practice of Yoga for all those who are eager to have a full grip on this subject.

[More Information](#)

Price: ₹115.00



Education for Perfection

Ref: ES97

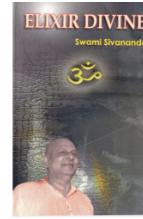
Author: Swami Sivananda

Language: English

This wonderful booklet, first published in year 1954, comprises the soul–elevating address of Sri Gurudev at the University of Roorkee. According to Sri Gurudev, education loses all its value if it does not have ethical discipline and spiritual culture as its foundation. Through this illuminating lecture interspersed with inspiring songs and Kirtans, Sri Gurudev enlightens the youth of India on the real purpose of life and the true meaning of education, and also inspires them to be sincere seekers of Supreme Truth like Nachiketas and Maitreyi.

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Price: ₹25.00



Elixir Divine

Ref: ES41

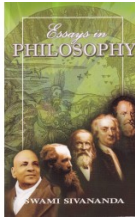
Author: Swami Sivananda

Language: English

The last work of Gurudev Sri Swami Sivanandaji Maharaj.

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Price: ₹45.00



Essays in Philosophy

Ref: ES42

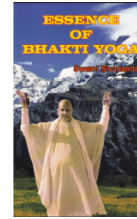
Author: Swami Sivananda

Language: English

This illuminating volume has been specially written for those who are soaked in Western philosophic thought and the scientific method of arriving at conclusions. These Essays in Philosophy are based on good reason backed by the personal experiences of a Sage of Self–realisation.

[More Information](#)

Price: ₹80.00



Essence of Bhakti Yoga

Ref: ES43

Author: Swami Sivananda

Language: English

Unfolds in the simplest language the secrets of the emotions of Bhakti or devotion to the Divine. Devotional Yoga is no mere state of emotionalism. Analyses the whole psychology of Bhakti and explains the significance of every element in it.

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Price: ₹165.00



Essence of Gita in Poems

Ref: ES299

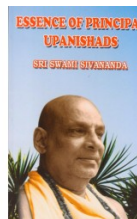
Author: Swami Sivananda

Language: English

Swami Sivananda's verification of the Gita has a pulse of its own and echoes the song of a realised soul.

[More Information](#)

Price: ₹45.00



Essence of Principal Upanishads

Ref: ES272

Author: Swami Sivananda

Language: English

The author has given the essence of the eleven Principal Upanishads. A superb companion for the seeker in the Path of Knowledge.

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Price: ₹105.00



Essence of Ramayana

Ref: ES44

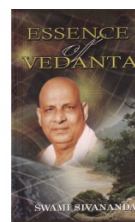
Author: Swami Sivananda

Language: English

Validates the title by incomparably presenting the quintessence of the great epic. A pithy summation in Swamiji's inimitable style.

[More Information](#)

Price: ₹180.00



Essence of Vedanta

Ref: ES293

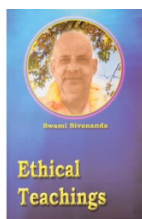
Author: Swami Sivananda

Language: English

Is a priceless jewel from the diadem of Sivananda Literature. Students of Vedanta and seekers after Truth who have chosen the path of Jnana, will find in this volume a great practical guide to Self Realisation.

[More Information](#)

Price: ₹205.00



Ethical Teachings

Ref: ES48

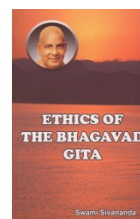
Author: Swami Sivananda

Language: English

Whatever your degree of super-consciousness, ethics too has its place. The regulative principles of the individual and society necessary for human solidarity are elucidated in this book.

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Price: ₹165.00



Ethics of the Bhagavad Gita

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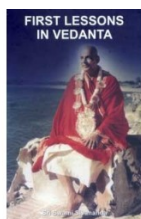
Author: Swami Sivananda

Language: English

Have you ever wondered why the Gita was taught on the battlefield? Or why the Sannyasins practise the Golden Mean? This precious volume contains highly illuminating essays on the subject. ISBN: 8170520991.

[More Information](#)

Price: ₹155.00



First Lessons in Vedanta

Ref: ES92

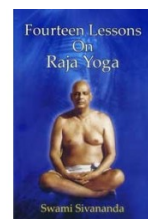
Author: Swami Sivananda

Language: English

This work presents the truths and the details of Vedanta philosophy in a way that can be read and understood by all and remembered without difficulty. This is a groundwork for detailed Vedantic study. It equips the student with a preliminary knowledge of the Vedanta.

[More Information](#)

Price: ₹140.00



Fourteen Lessons on Raja Yoga

Ref: ES50

Author: Swami Sivananda

Language: English

A comprehensive, clear and succinct exposition of the wonderful psycho–analytical and highly rational system of Raja Yoga. A step–by–step programme with many helpful guidelines.

[More Information](#)

Price: ₹85.00



Gems of Prayers

Ref: ES26

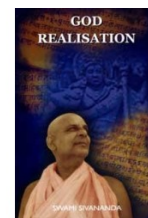
Author: Swami Sivananda

Language: English

A popular book on Prayers which generates good spiritual currents and produces tranquillity of the mind. Recommended for every sincere seeker.

[More Information](#)

Price: ₹70.00



God-Realisation

Ref: ES32

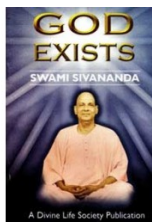
Author: Swami Sivananda

Language: English

In this book you will find the true way to lasting peace, real happiness and freedom from all pain and sorrow. They will lead you to Immortality.

[More Information](#)

Price: ₹125.00



God Exists

Ref: ES57

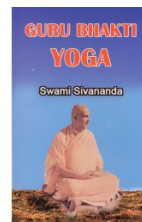
Author: Swami Sivananda

Language: English

Swami Sivanandaji had brought forth interesting illustrations and illuminating logic to support his declaration, to convince even a confirmed atheist of the existence of God. They have all been brought together in this volume which is a boon to the spiritual propagandist, the teacher, and people all over the world.

[More Information](#)

Price: ₹65.00



Guru Bhakti Yoga

Ref: ES53

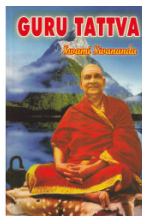
Author: Swami Sivananda

Language: English

A compilation of Swami Sivanandaji's "sayings" on Guru and Guru Bhakti Yoga.

[More Information](#)

Price: ₹100.00



Guru Tattva

Ref: ES52

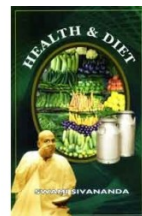
Author: Swami Sivananda

Language: English

An authoritative and bold elucidation of the entire subject of Guru–disciple relationship. A boon to the aspirant in search of a spiritual Guru as well as to him who has found one.

[More Information](#)

Price: ₹95.00



Health & Diet

Ref: ES60

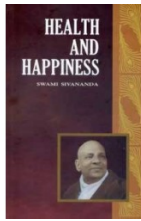
Author: Swami Sivananda

Language: English

Written in a simple style, this book offers a rich treasure of knowledge for enjoying good health and long life.

[More Information](#)

Price: ₹150.00



Health and Happiness

Ref: ES55

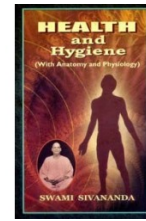
Author: Swami Sivananda

Language: English

A surpassingly excellent book that abounds in practical wisdom, thereby providing the key to radiant health and lasting happiness.

[More Information](#)

Price: ₹160.00



Health and Hygiene

Ref: ES56

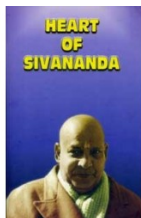
Author: Swami Sivananda

Language: English

This book is not only an authoritative text on health and hygiene from one who has been deeply interested in these aspects of life, but also the expression of the sage's supreme concern in the welfare of all beings.

[More Information](#)

Price: ₹255.00



Heart of Sivananda

Ref: ES122

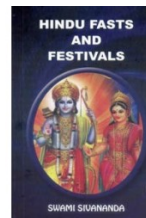
Author: Swami Sivananda

Language: English

The Heart of Sivananda is filled with infinite love for the entire mankind. Every sentence on every page of this book is empowered by that love to dispel the darkness of ignorance that besets the path of the spiritual aspirant and prevents him from marching forward.

[More Information](#)

Price: ₹115.00



Hindu Fasts and Festivals

Ref: ES59

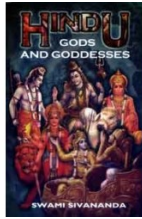
Author: Swami Sivananda

Language: English

Elucidates the routine, significance and philosophy of the Fasts and Festivals round the year, thereby providing the vital link between religion and spirituality. A 'must' for every household.

[More Information](#)

Price: ₹150.00



Hindu Gods and Goddesses

Ref: ES86

Author: Swami Sivananda

Language: English

God is one, but His aspects are many. The different aspects of God constitute the Hindu Pantheon. The conception of the names and forms of various Deities in Hindu mythology is grand, sublime, unique. Every detail connected with every Hindu god and god–dess has its inner meaning, its esoteric significance. We have great pleasure in releasing this beautiful book for the benefit of all those who want to under–stand Hinduism better.

[More Information](#)

Price: ₹130.00



Home Nursing

Ref: ES47

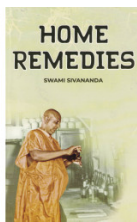
Author: Swami Sivananda

Language: English

Of the various types and modes of service that can be rendered to the ailing humanity – morally, mentally and physically ailing humanity, medical service stands above all others. The present publication by Sri Swami Sivanandaji is offered as his boon to suffering humanity.

[More Information](#)

Price: ₹120.00



Home Remedies

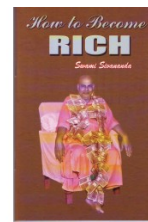
Ref: ES62

Author: Swami Sivananda

Language: English

This book supplies a handy list of homely medicine and a list of very useful, practical, potent prescriptions made up from them. "Home Remedies" will come to your help, and guide you like an able family physician.

Price: ₹215.00



How to Become Rich

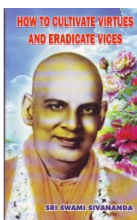
Ref: ES63

Author: Swami Sivananda

Language: English

This book is neither to be entirely viewed through a material outlook as the title is apt to suggest nor as exclusively significant to spiritual prosperity, as the Swamiji is generally expected to propound, but as a synthetic combination of both.

Price: ₹40.00



How to Cultivate Virtues and Eradicate Vices

Ref: ES64

Author: Swami Sivananda

Language: English

All the virtues that should adorn every earnest Sadhaka and also the vices that should be eschewed at any cost. Covers an exhaustive list with practical tips explained in a most comprehensive manner and lucid style.

Price: ₹230.00



How to Get Sound Sleep

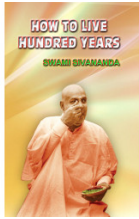
Ref: ES298

Author: Swami Sivananda

Language: English

This book has been specially written by Sri Swami Sivanandaji Maharaj to serve the needs of the sleepless. For the benefit of people of different temperaments, Sri Swamiji has given different methods of treatment.

Price: ₹75.00



How to Live Hundred Years

Ref: ES12

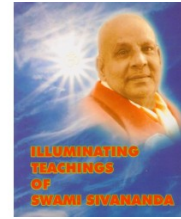
Author: Swami Sivananda

Language: English

In this remarkable little volume, Sri Swami Sivanandaji Maharaj has, as a skilful doctor, an expert Yogi, an ace psychologist, and a Perfect Sage, laid down several medical, Yogic, Vedantic, psychological, scientific, Ayurvedic and Naturopathic methods for becoming a Centenarian. For all those who are earnestly seeking for perfect health and a very long life, this work will be highly inspiring, informative and valuable.

[More Information](#)

Price: ₹90.00



Illuminating Teachings of Swami Sivananda

Ref: ES131

Author: Swami Sivananda

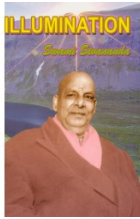
Language: English

Illuminating Teachings of Swami Sivananda

Price: ₹75.00

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ILLUMINATION

Ref: ES6

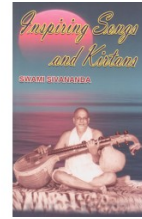
Author: Swami Sivananda

Language: English

This book is a guiding light for all the seekers on the spiritual path. Every word and every sentence of this marvellous book enters right into the heart of readers and has a message to transform his life. It is an inspiration to strengthen his steps to God—realisation.

[More Information](#)

Price: ₹60.00



Inspiring Songs and Kirtans

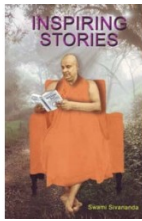
Ref: ES66

Author: Swami Sivananda

Language: English

Sankirtan is the easiest, surest, quickest and safest path to attain God—realisation. Every song, in this book, has Names of the Lord attached to it and hence the mere singing of them will form a kind of Sadhana. Experiential wisdom in delectable songs.

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Inspiring Stories

Ref: ES67

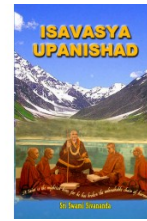
Author: Swami Sivananda

Language: English

The subtitle "A very valuable work of guidance upon right conduct, philosophic thinking, human psychology and spiritual life, employing the story form of instruction" explains it all.

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Price: ₹255.00



Isavasya Upanishad

Ref: ES141

Author: Swami Sivananda

Language: English

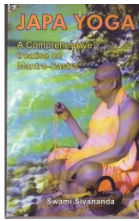
The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Isavasya Upanishad.

[More Information](#)

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Price: ₹30.00



Japa Yoga

Ref: ES69

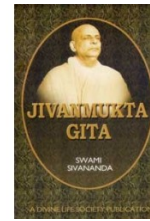
Author: Swami Sivananda

Language: English

Perhaps the best text ever written on the practice of Japa (Mantra) Yoga. Truly an authoritative treatise on Mantra Sastra.

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Price: ₹135.00



Jivanmukta Gita

Ref: ES71

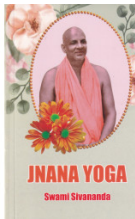
Author: Swami Sivananda

Language: English

Deals with the subject of liberation while living on earth in a physical human form.

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Price: ₹75.00



Jnana Yoga

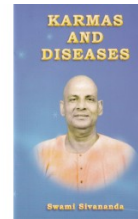
Ref: ES74

Author: Swami Sivananda

Language: English

Jnana is the greatest purifier. There is no salvation without knowledge. Jnana destroys ignorance, sorrow and stops the wheel of births and deaths. The book delineates the basic requirements, the path, the experiences at the staggering heights of expansion of awareness and the final culmination, i.e. Realisation of the Self. The thoroughness of the subject coupled with the expressions of a realised master ingrained between the lines make the book an asset for all—beginners as well as advanced seekers.

Price: ₹175.00



Karmas and Diseases

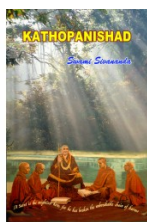
Ref: ES301

Author: Swami Sivananda

Language: English

Goes into detail about which actions produce which diseases as a result.

Price: ₹35.00



Kathopanishad

Ref: ES143

Author: Swami Sivananda

Language: English

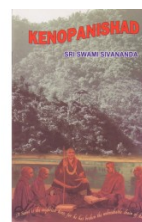
The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Kathopanishad.

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- 8.[Svetasvatara Upanishad](#)
- 9.[Taittiriya Upanishad](#)

Price: ₹80.00



Kenopanishad

Ref: ES142

Author: Swami Sivananda

Language: English

The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Kenopanishad.

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- 6.[Mundaka Upanishad](#)
- 7.[Prasna Upanishad](#)
- 8.[Svetasvatara Upanishad](#)
- 9.[Taittiriya Upanishad](#)

Price: ₹65.00



Kingly Science Kingly Secret

Ref: ES75

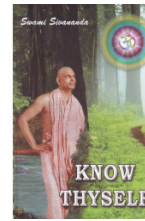
Author: Swami Sivananda

Language: English

This work, a compilation from the published writings of Swami Sivananda, is in the nature of a detailed commentary on select verses of the Bhagavad Gita. The stanzas chosen cover a wide range of topics that are of immediate consequence to every spiritual seeker. The compilation starts with subjects pertaining to spiritual Sadhana in general and then proceeds to cover the more important topics under Karma Yoga, Bhakti Yoga, Raja Yoga and Jnana Yoga in that order. The living voice of Sivananda echoes and re–echoes on every page and in every line, casting a magic spell on the reader, rousing him at the same time to heightened efforts in the direction of God and Truth.

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Price: ₹205.00



Know Thyself

Ref: ES306

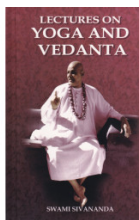
Author: Swami Sivananda

Language: English

A unique treasure–trove containing the pearls of teachings of Gurudev has gathered during his spiritual dives into the ocean of wisdom.

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Lectures on Yoga and Vedanta

Ref: ES79

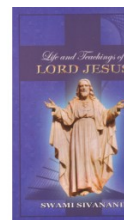
Author: Swami Sivananda

Language: English

Yoga is an exact science. It aims at the harmonious development of the body, the mind and the soul. Yoga bestows perfection, peace and eternal bliss. The path of Vedanta is the most natural. It is nothing but manifesting what you exactly are in essence. It is mainly through books that we establish a connection with and obtain the fruits of a great mind's lofty labours. This avenue is open to all. In their books the Great Ones present themselves before you, talk to you, giving you the most pre–cious thoughts and ideas and pouring their souls into you. The present book is a collection of lectures given by Sri Swami Sivanandaji Maharaj on different occasions.

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Life and Teachings of Lord Jesus

Ref: ES212

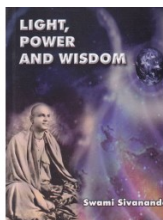
Author: Swami Sivananda

Language: English

Lord Jesus has come into this world of men in order to re–establish the true and the highest glory of God. In this book Life and Teachings of Lord Jesus are depicted in a lucid style.

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Light, Power and Wisdom

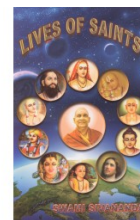
Ref: ES88

Author: Swami Sivananda

Language: English

The flaming words of Swami Sivananda are stored in this unique treasure-trove for you to take the fullest advantage. It is your own Pocket Guru, handy friend, invigorating tonic and soft goad that no one can do without.

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Lives of Saints

Ref: ES93

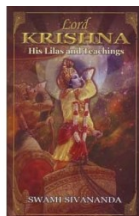
Author: Swami Sivananda

Language: English

A Treasure-trove of inspiring biographies, instructive anecdotes of lofty admonitions of men and women of the highest spiritual enlightenment. An easy yet powerful means of 'Satsanga' for any sincere reader.

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Lord Krishna, His Lilas and Teachings

Ref: ES94

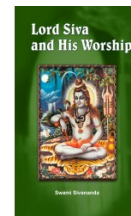
Author: Swami Sivananda

Language: English

The life, the Lilas and teachings of Lord Krishna depicted in a lucid and inspiring style by a realised saint. A condensed version for the busy person without time to go through the entire tenth and eleventh chapters of the Srimad Bhagavata.

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Lord Siva and His Worship

Ref: ES95

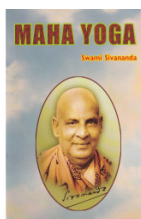
Author: Swami Sivananda

Language: English

Instructions on practical Sadhana for attaining Siva Tattva or God-realisation. Includes Siva Stotras, significance of Saivite festivals, lives of Saivite Saints and the essence of Saiva Siddhanta.

[More Information](#)

Price: ₹185.00



Maha Yoga

Ref: ES1

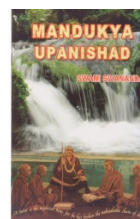
Author: Swami Sivananda

Language: English

A handy collection of inspiring poems from the pen of the Holy Master capable of transporting the reader at once to the spiritual realm. Contains valuable tips for practice too.

[More Information](#)

Price: ₹20.00



Mandukya Upanishad

Ref: ES146

Author: Swami Sivananda

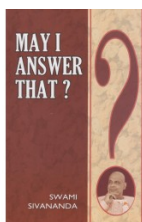
Language: English

The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Mandukya Upanishad.

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May I Answer That?

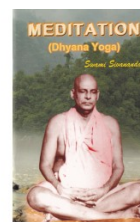
Ref: ES101

Author: Swami Sivananda

Language: English

The questions and answers in the pages that follow deal with some of the commonest, but most vital, doubts raised by practicing spiritual aspirants. What invests these answers and explanations with great value is the authority, not only of the sage's intuition, but also of his personal experience.

Price: ₹170.00



Meditation (Dhyana Yoga)

Ref: ES229

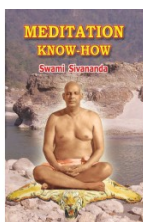
Author: Swami Sivananda

Language: English

Meditation is the flow of continuous thought of one thing or God. Meditation is the keeping of one idea of God alone always like the continuous flow of oil from one vessel to another. A continuous flow of perception or thought is Dhyana or meditation. Meditation is a mysterious ladder which reaches from earth to heaven, from error to truth, from darkness to light, from pain to bliss, from restlessness to abiding peace, from ignorance to knowledge, from mortality to immortality. Meditation leads to Knowledge of the Self which brings about eternal peace, supreme bliss. Meditation prepares you for the integral experience or direct intuitive knowledge.

[More Information](#)

Price: ₹30.00



Meditation Know-How

Ref: ES106

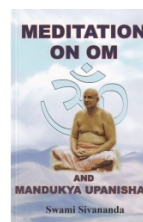
Author: Swami Sivananda

Language: English

This book deals with how to develop concentration, what is meditation, prerequisites for meditation, favourable places for meditation, suitable diet, guidelines to successful meditation, practice of meditation, the most common obstacles in meditation and all such information which a seeker of Truth wants to know before starting the practice of meditation.

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Price: ₹210.00



Meditation on OM and the Mandukya Upanishad

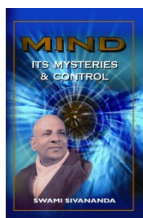
Ref: ES103

Author: Swami Sivananda

Language: English

Deals with the profound philosophy of the all-inclusive OM with the metaphysical discussion of the ultimate Reality and the method of approach to It.

Price: ₹80.00



Mind - Its Mysteries and Control

Ref: ES105

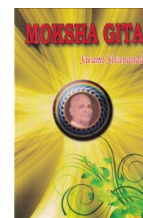
Author: Swami Sivananda

Language: English

Written with a practical end in view, this book fully and carefully explains the nature of the mind, the various forms that it assumes, its inner workings and the way to control it. Serves as a valuable guide to all aspirants.

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Price: ₹210.00



Moksha Gita

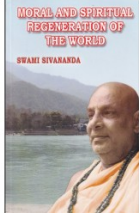
Ref: ES102

Author: Swami Sivananda

Language: English

A commentary by Swami Krishnananda on Swami Sivananda's spiritual poem called Moksha Gita or the Song of Liberation, with a glossary of Sanskrit terms.

Price: ₹135.00



Moral and Spiritual Regeneration of the World

Ref: ES3

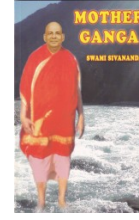
Author: Swami Sivananda

Language: English

Morality is the gateway to religion. He who leads a moral or virtuous life attains freedom, perfection or Moksha! Real religion is selflessness. This book deals with present–day evils and how to overcome them, welfare of the youth, domestic ethics, business ethics, medical ethics, legal ethics, industrial ethics, international ethics and the mission of Sadhus and Sannyasins.

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Price: ₹120.00



Mother Ganga

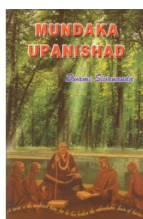
Ref: ES109

Author: Swami Sivananda

Language: English

This book is bound to inspire love and veneration for Jahnavi, or Bhagirathi, or Holy Mother Ganga that sanctifies the Punya Bhumi of Bharatavarsha. A unique and most comprehensive book on the subject with Sanskrit Stotras and Ganga Ashtottarasata Namavali.

Price: ₹70.00



Mundaka Upanishad

Ref: ES145

Author: Swami Sivananda

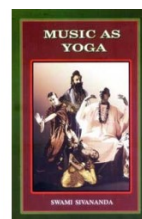
Language: English

The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Mundaka Upanishad.

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Price: ₹70.00



Music as Yoga

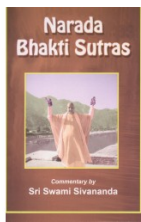
Ref: ES21

Author: Swami Sivananda

Language: English

Anything Indian is spiritual and music is specially so. Our music is intended to enable the mind melt in the melody and since the Swaras have their own vibratory chords in the inner psychic centres – Chakras in the Sushumna, this Mano–laya at once releases the latent spiritual power and leads to blissful Samadhi. So we have an illustrious galaxy of saints as the foremost artists: Thyagaraja, Dikshitar, Shyama Sastrigal, Purandaradasa, Mira Bai, etc. It is hoped that this volume would enable the public and musicians to view music in the proper light as an Anga of Sankirtana Yoga, as an aid to the purification of the heart and as a Sadhana that leads to Bhava–Samadhi.

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Narada Bhakti Sutras

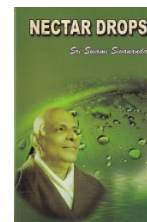
Ref: ES110

Author: Swami Sivananda

Language: English

An exemplary work that traces the birth, growth, development and expression of Bhakti in a lucid and simple manner. A valuable commentary to the pithy aphorisms.

Price: ₹165.00



Nectar Drops

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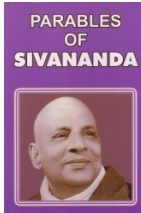
Author: Swami Sivananda

Language: English

These nectar drops bestow upon you the supreme experience of Self–realisation. They flood your heart with imperishable happiness and undying peace.

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Parables of Sivananda

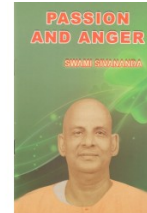
Ref: ES111

Author: Swami Sivananda

Language: English

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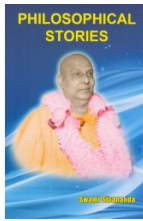
Ref: ES112

Author: Swami Sivananda

Language: English

Passion and anger.

Price: ₹20.00



Philosophical Stories

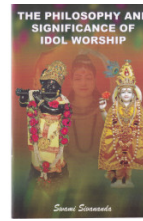
Ref: ES108

Author: Swami Sivananda

Language: English

This little book saw the light of day in 1939 and had its second edition in 1945. Now after 68 years the third edition is appearing for the joy, reflection and benefit of all of us.

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Philosophy and Significance of Idol Worship

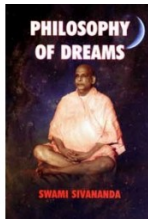
Ref: ES116

Author: Swami Sivananda

Language: English

A logical explanation of Hindu rituals.

Price: ₹35.00



Philosophy of Dreams

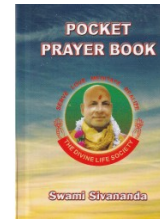
Ref: ES297

Author: Swami Sivananda

Language: English

Profound wisdom comes through reflection on dreams. Every dream presentation has a meaning. Dreams reveal us that aspect of our nature, which transcends rational knowledge. Many riddles of life are solved through hints from dreams. 95 pages.

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Pocket Prayer Book

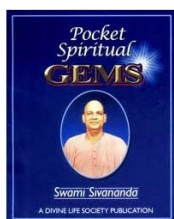
Ref: ES46

Author: Swami Sivananda

Language: English

This POCKET PRAYER BOOK is a boon to aspirants. Prepared under the guidance and inspiration of Sri Swami Sivanandaji Maharaj, the book practically chalks out an aspirant's morning programme of spiritual activity. The inclusion in it of the essence of the Bhagavad Gita, and the Upanishads would be found to be most valuable, as also of selections from Ramacharitamanas. The spiritual instructions of Sri Swami Sivanandaji Maharaj which are included at the end of the book would provide a perennial fount of refreshing inspiration.

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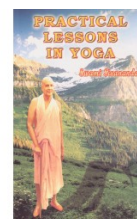
Author: Swami Sivananda

Language: English

The book will inspire the beginner, elevate the depressed, bring hope to the hopeless and serve the advanced Sadhaka as a treasure to aid contemplation and meditation.

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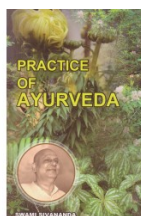
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Author: Swami Sivananda

Language: English

An easy handbook covering varied sides of practice for beginners. Designed especially for those Yoga students who need a practical but non–technical presentation of the subject in a language that is accessible to the beginner in the path.

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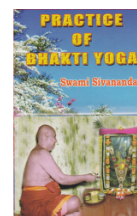
Author: Swami Sivananda

Language: English

Ayurveda is a Science of life. It shows the way to remove diseases, to keep up sound health and attain longevity.

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Practice of Bhakti Yoga

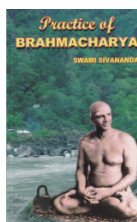
Ref: ES300

Author: Swami Sivananda

Language: English

All pages of this book ring with the sublime note that the dire need of the hour is love, and love alone, which can cure all ills and bestow true joy and happiness.

Price: ₹305.00



Practice of Brahmacharya

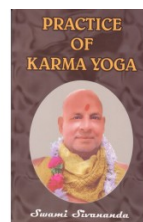
Ref: ES118

Author: Swami Sivananda

Language: English

A rare book on an important theme dealt in a most thorough–going manner in a very lucid style. A working guide to the vital subject of sex sublimation, commonly taken to mean celibacy. Brahmacharya actually signifies the path to God. A must for all sincere seekers.

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Practice of Karma Yoga

Ref: ES119

Author: Swami Sivananda

Language: English

It is almost a Herculean task for man in the street to forge his way to realisation of God. This book has been carefully prepared for the benefit of those who are intricately placed in life that they cannot tread the path of renunciation.

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Practice of Nature Cure

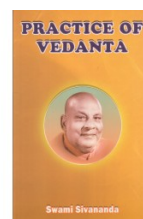
Ref: ES290

Author: Swami Sivananda

Language: English

Nature cure is considered to be the best kind of treatment. It is nature only that heals all diseases. Nature Cure is scientific, economical and most beneficial to suffering humanity.

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Practice of Vedanta

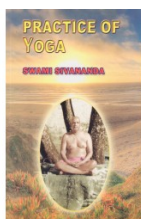
Ref: ES296

Author: Swami Sivananda

Language: English

This book contains many valuable practical instructions. Many kinds of Vedantic Sadhana are lucidly described. Various illustration anecdotes, stories, similes and analogies have. made the subject very, very clear and interesting.

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Practice of Yoga

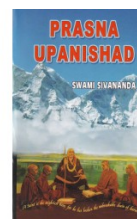
Ref: ES121

Author: Swami Sivananda

Language: English

A general treatise on the foundations of Yoga in their physical, ethical and spiritual aspects with a comprehensive introduction to the definition, ethics, psychology, and the science of Yoga.

Price: ₹215.00



Prasna Upanishad

Ref: ES144

Author: Swami Sivananda

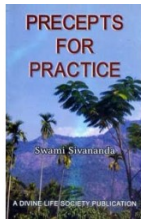
Language: English

The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Prasna Upanishad.

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Precepts for Practice

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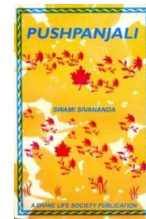
Author: Swami Sivananda

Language: English

This beautiful production is a joyous hand-book to one and all in their daily life, which instructs like a philosopher, coaxes like a mother, and makes merry like a friend.

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Pushpanjali

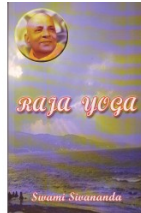
Ref: ES291

Author: Swami Sivananda

Language: English

In these poems, "Flowers of Divine Ecstasy", one feels in them the Saint speaking out his inmost thoughts in a natural, sweet and musical way. The beauty of these flowers and the fragrance from them will be felt by every aspiring Soul in the spiritual path.

Price: ₹35.00



Raja Yoga

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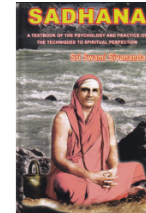
Author: Swami Sivananda

Language: English

Yoga is not one way of living among many. It is the only way—gathering of your personality with one purpose. The removal of the idea of externality of the object is the process of meditation. This book is an authentic commentary on the Yoga Sutras of Maharshi Patanjali.

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Price: ₹190.00



Sadhana (Hardbound)

Ref: ES129

Author: Swami Sivananda

Language: English

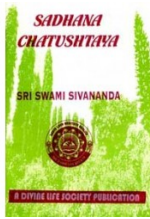
A textbook on the psychology and practice of the techniques of spiritual perfection by the great Yogi, saint, sage and Jivanmukta. Rarely, if ever, has such a text on the vital subject of spiritual practice been written leaving no aspect untouched. Indeed an outstanding treatise on Sadhana, astounding in its width as well as depth.

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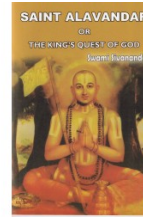
Ref: ES217

Author: Swami Sivananda

Language: English

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Saint Alavandar or The King's quest of God

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Author: Swami Sivananda

Language: English

Saint Alavandar or The King's quest of God

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Author: Swami Sivananda

Language: English

A profound work on the subject, showing deep insight into the ancient secret contained in the Yoga Sutra.

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Sarva Gita Sara

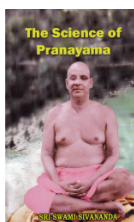
Ref: ES135

Author: Swami Sivananda

Language: English

A celestial key, in the words of the author himself, to gain entry into the domain of Divine Life and Splendour. These Gitas containing living messages from illumined seers present the loftiest flights of the grand Advaita-vada. Undoubtedly a precious text-book and constant companion for every seeker.

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Author: Swami Sivananda

Language: English

Very simple and safe methods. If you want to learn how to breathe anew, this is the book. The technique of Yogic breathing exercises, an essential to Hatha Yoga.

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Self-Knowledge

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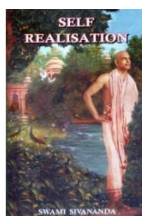
Author: Swami Sivananda

Language: English

Collection of lessons given to struggling spiritual aspirants to enable them surmount the obstacles in Sadhana. Lessons particularly addressed to those who have no faith in God.

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Price: ₹190.00



Self-Realisation

Ref: ES36

Author: Swami Sivananda

Language: English

This compilation of select writings from the pen of Sri Swami Sivanandaji Maharaj is a fairly comprehensive manual upon the art of ideal living. This book will become your constant companion.

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Sermonettes of Swami Sivananda

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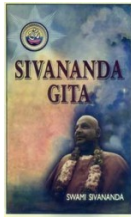
Author: Swami Sivananda

Language: English

Pearls of spiritual wisdom for the busy man, lacking time but needing spiritual strength. Inspiring sermonettes, some less than a paragraph long.

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Sivananda Gita

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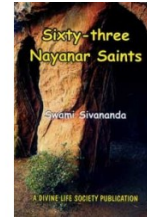
Author: Swami Sivananda

Language: English

This book is an epistolary autobiography of Gurudev Sri Swami Sivanandaji Maharaj and contains 18 lucid and inspiring epistles. These epistles were written by him in just an hour. It covers within this short compass the entire gamut of the life of an exceptional personality, his character, his activities, his aspirations and philosophy. Relevant photographs and appropriate commentary were added to make it more presentable.

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Price: ₹65.00



Sixty-three Nayanar Saints

Ref: ES160

Author: Swami Sivananda

Language: English

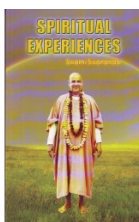
This book contains the biographies of the 63 Nayanar Saints, and an authoritative article on the Saiva Siddhanta Philosophy with articles on glory of Lord Siva.

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Spiritual Experiences

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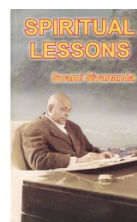
Author: Swami Sivananda

Language: English

A detailed record and explanations of mystic experiences in the higher reaches of meditation on spiritual truths. Also a very clear and precise comparison of the concepts of meditation and prayer, individual consciousness, Divine Awareness and devotional life–style with various traditions.

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Spiritual Lessons

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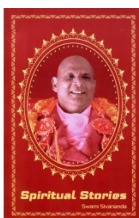
Author: Swami Sivananda

Language: English

Busy householders have exactly what they want in the form of brief and easy lessons in the book, Spiritual Lessons. The learned Author focuses his light upon the innumerable phases of human life.

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Spiritual Stories

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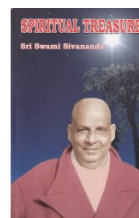
Author: Swami Sivananda

Language: English

Stories and parables by Sadgurudev Sri Swami Sivanandaji Maharaj to impart the moral and spiritual knowledge in the most interesting way.

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Spiritual Treasure

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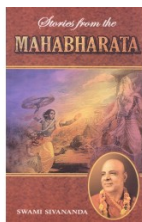
Author: Swami Sivananda

Language: English

This neat, little book of aphorisms contains the intuitive flashes of the author. It is verily is a boon to those who seek peace of mind amidst the turmoil of this restless age.

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Stories from the Mahabharata

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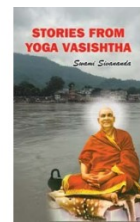
Author: Swami Sivananda

Language: English

These wonderful stories from this renowned Indian epic are both entertaining and highly instructive. The teachings of these stories will guide you through life. The Mahabharata is said to produce a moral awakening in its readers. Narrated in a homely and lucid style.

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Stories from the Yoga Vasishtha

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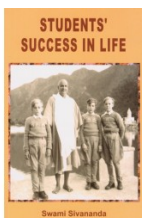
Author: Swami Sivananda

Language: English

The Yoga Vasishtha is one of the crowning glories of the world spiritual literature. Here are a few of its gems. Inculcates the ideal that Self–realisation can be had amidst the trials and tribulations of life.

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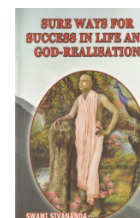
Ref: ES172

Author: Swami Sivananda

Language: English

An ethical and suggestive introduction to a successful career as students, at all levels, pointing to a way of living which will transform education into a practical guide in life. Writings relevant to modern students in schools and colleges.

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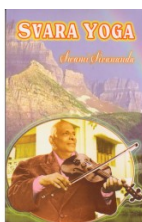
Ref: ES174

Author: Swami Sivananda

Language: English

A reliable guide to super–living, the experience of years of intensive research and study, very practical and definitely helpful.

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Svara Yoga

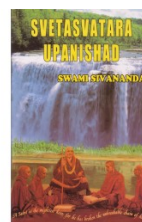
Ref: ES303

Author: Swami Sivananda

Language: English

Svara Yoga is an ancient Hindu Science and Art that has fully analysed the working of the Life–principle, prana, and its functions within this body. Svara Yoga is effective means to check disease & death.

Price: ₹105.00



Svetasvatara Upanishad

Ref: ES149

Author: Swami Sivananda

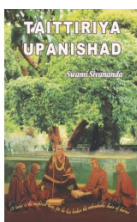
Language: English

The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Svetasvatara Upanishad.

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Taittiriya Upanishad

Ref: ES147

Author: Swami Sivananda

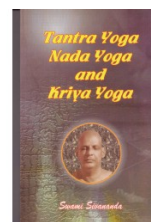
Language: English

The greatness and the sublimity of the Upanishads are well known to all the students of philosophy. There have been attempts to approach the books through various standpoints. Much has been written over the knotty problems of interpretation, by the Eastern and Western scholars. And yet the lay reader has not understood the central teachings fully well. Gurudev Sri Swami Sivanandaji Maharaj, in his comprehensive volume [The Principal Upanishads](#) has given exhaustive commentary on Nine Upanishads and stressed such points clearly and truly, explaining the abstruse ideas in his own inimitable style, thus laying bare the sacred doctrine not only before the eligible pupil but also the lay reader. For the convenience of the readers, we are bringing out each Upanishad in a separate book. The present volume contains the text, translation, notes and commentary on Taittiriya Upanishad.

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- 9.Taittiriya Upanishad

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Tantra, Nada and Kriya Yoga

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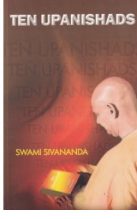
Author: Swami Sivananda

Language: English

These three isolated themes are separately dealt with by the saintly author in his characteristically lucid but comprehensive manner intelligible even to a layman. 162 pages.

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Ten Upanishads

Ref: ES180

Author: Swami Sivananda

Language: English

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The Bhagavad Gita (English Translation of the Text)

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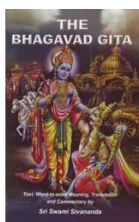
Author: Swami Sivananda

Language: English

Translated from the original Sanskrit into English with invocatory Prayer and the Glory of the Gita.

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The Bhagavad Gita (Hardbound)

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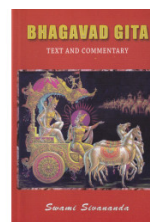
Author: Swami Sivananda

Language: English

Original Sanskrit text, word–by–word meaning, translation and commentary. This superb edition with a complete commentary on the whole of the Bhagavadgita is a masterpiece in the field of the scriptural literature of India. Most dear to all spiritual aspirants, it is also a most indispensable guide to everyone's daily walk of life. Philosophy, Psychology and Practice in their entirety are compressed into this single volume of the sacred lore of India.

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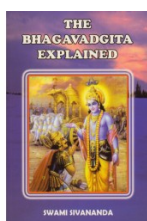
Author: Swami Sivananda

Language: English

Each discourse has been preceded by a short summary giving the substance of that discourse in a nutshell.

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The Bhagavadgita Explained

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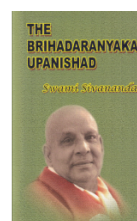
Author: Swami Sivananda

Language: English

This booklet is a condensation of the entire Bhagavadgita, the voice of the higher consciousness which unfolds itself in the Absolute.

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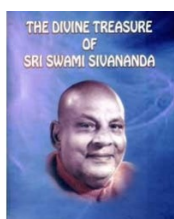
Author: Swami Sivananda

Language: English

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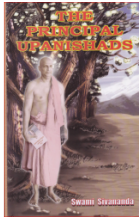
Author: Swami Sivananda

Language: English

A beautiful compilation of loving and inspiring communion between Cherubic Children and their Beloved God Sri Gurudev. It is also a treasure trove of Worshipful Gurudev's illuminating messages for little angels and their guardian angels i.e. parents and teachers.

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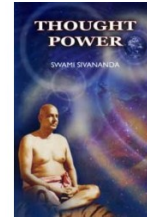
Author: Swami Sivananda

Language: English

Isa, Kena, Katha, Prasna, Mundaka, Mandukya, Taittiriya, Aitareya and Svetasvatara Upanishads with Sanskrit text, translation, important notes and exhaustive commentary.

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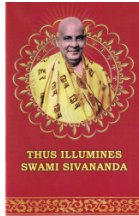
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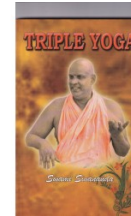
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Language: English

H.H. Sri Swami Sivanandaji Maharaj has, in this illuminating booklet, served a variety of dishes to the hungry soul aspiring to reach the goal of life.

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Triple Yoga

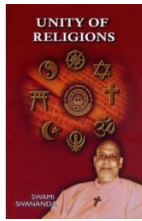
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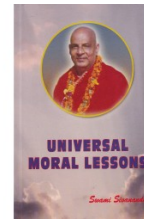
Author: Swami Sivananda

Language: English

Age after age, men-of-God have come to re-awaken the spirit of real religion in man. Their awakening call has been worded in the language of the times, comprehensible by the common man of the age. The prophets returned to their "Source": but their message endured. It came to be interpreted and "compared" with that of the other prophets. Differences were emphasised and exaggerated. Thus came conflicts. The publishers hope that this publication would further Sri Swami Sivanandaji's yeoman services to the cause of unification of the hearts of people belonging to all the religions of the world.

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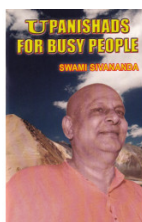
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Language: English

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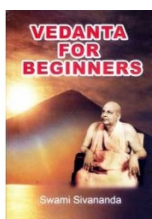
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Author: Swami Sivananda

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Vedanta for Beginners

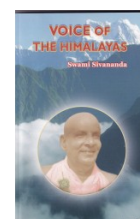
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Author: Swami Sivananda

Language: English

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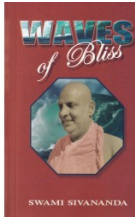
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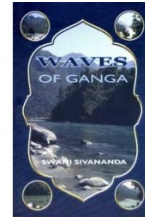
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Author: Swami Sivananda

Language: English

Every page, every line of it is vibrant with such an electric current. Keep a copy in your portfolio. Read a page – any page – when you have a few minutes' leisure. You will be electrified. There is plenty of humour, serene statements, the truth about falsehood revealed in all its nakedness and there is simple advice to one and all.

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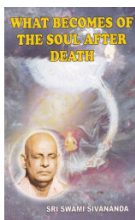
Ref: ES10

Author: Swami Sivananda

Language: English

This is one of a dozen or so 'sayings' books by the author containing the essence of the perennial wisdom of centuries forcefully highlighted.

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What Becomes of the Soul After Death

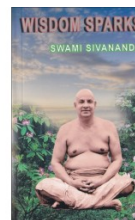
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Author: Swami Sivananda

Language: English

Unravels the mysteries of the after-life and destinies of the human soul. Treats in detail and furnishes an answer to the age-old question.

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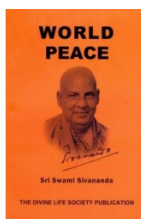
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Author: Swami Sivananda

Language: English

This is a book meant for children and adults, the young and the old, men and women alike. The human touch in him coupled with his deep sagacity and impervious knowledge have proved to be such a beautiful combination of the relative and the superphysical characters that his writings are a joy to the sorrowful, a strength to the weak, an illumination to the ignorant. The blending of intelligence and feeling, a melting of the head and the heart, is a common feature found in these outflows of his blissful expressions. Human troubles are not alleviated through flowery speeches and subtle hairsplitting arguments, for the source of sorrow is rooted in the very make-up of the individual and not in his superficial coatings. The inner disease is not cured by washing the outer shirt. The root has to be dug out.

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World Peace

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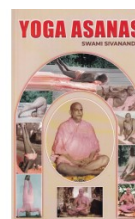
Author: Swami Sivananda

Language: English

This volume is meant for those who aspire for peace within themselves and who would promote world peace.

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Yoga Asanas

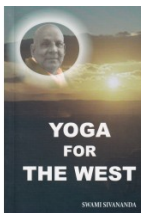
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Author: Swami Sivananda

Language: English

Yoga Asanas have acquired an importance which has a twofold character. They are not only a set of all–round physical exercises but a preparatory stage for the practice of Yoga. A profusely illustrated handbook on important Asanas for beginners, with a section devoted for Pranayama practice.

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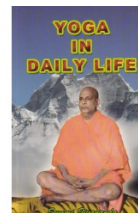
Author: Swami Sivananda

Language: English

The present book "Yoga for the West" is meant not only for the Westerners, but also for all true seekers in the Path of Yoga.

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Yoga in Daily Life

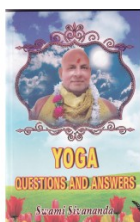
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Author: Swami Sivananda

Language: English

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Yoga Questions and Answers

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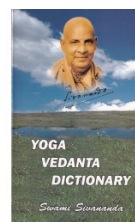
Author: Swami Sivananda

Language: English

Questions asked by the average aspirant and Swami Sivanandaji's answers to them have been arranged nicely in this volume.

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Yoga Vedanta Dictionary

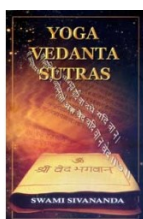
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Author: Swami Sivananda

Language: English

This is not a regular Sanskrit dictionary. The meanings given are explicitly meant to help spiritual aspirants understand the texts in which these words occur.

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Yoga Vedanta Sutras

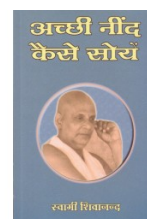
Ref: ES87

Author: Swami Sivananda

Language: English

Apart from a systematic presentation of the four Main Paths to Self–realisation – Karma Yoga, Bhakti Yoga, Raja Yoga and Jnana Yoga – Swamiji Maharaj also dealt with Manovijnana Sutras (dealing with the mind and its control), Neeti Sutras (dealing with morality), Tantra Yoga, Nada Yoga and Guru Bhakti Yoga. Sivananda Adhyatma Sutras and Sivananda Prasnotari (Questions and Answers) were also dealt with.

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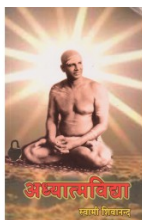
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Language: Hindi

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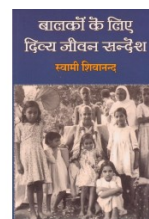
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Language: Hindi

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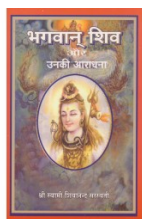
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Author: Swami Sivananda

Language: Hindi

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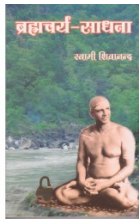
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Author: Swami Sivananda

Language: Hindi

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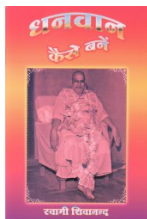
Ref: HS15

Author: Swami Sivananda

Language: Hindi

Devi Mahatmya.

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Ref: HS7

Author: Swami Sivananda

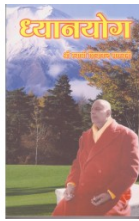
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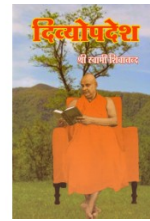
Ref: HS31

Author: Swami Sivananda

Language: Hindi

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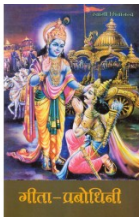
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Language: Hindi

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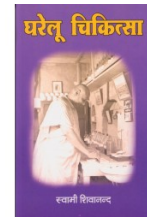
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Author: Swami Sivananda

Language: Hindi

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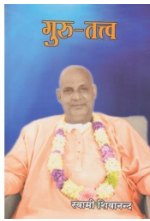
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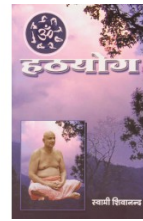
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Language: Hindi

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Price: ₹55.00



Hatha Yoga (in Hindi)

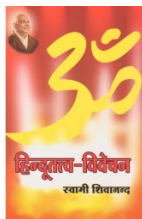
Ref: HS4

Author: Swami Sivananda

Language: Hindi

Hatha Yoga.

Price: ₹150.00



Hindu Tattva Vivechana (in Hindi)

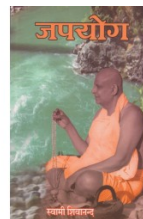
Ref: HS292

Author: Swami Sivananda

Language: Hindi

All About Hinduism.

Price: ₹160.00



Japa Yoga (in Hindi)

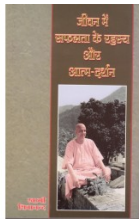
Ref: HS70

Author: Swami Sivananda

Language: Hindi

Japa Yoga.

Price: ₹120.00



Jeevan Me Saphalta ka Rahasya (in Hindi)

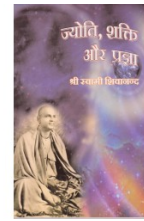
Ref: HS73

Author: Swami Sivananda

Language: Hindi

Sure Ways for Success in Life.

Price: ₹185.00



Jyoti Shakti Aur Pranja (in Hindi)

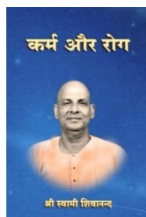
Ref: HS224

Author: Swami Sivananda

Language: Hindi

Light Power & Wisdom.

Price: ₹65.00



Karma Aur Rog (in Hindi)

Ref: HS104

Author: Swami Sivananda

Language: Hindi

Karma Aur Rog (in Hindi)

Price: ₹25.00



Karma Yoga Sadhana (in Hindi)

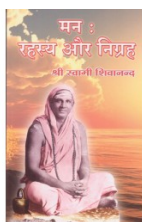
Ref: HS100

Author: Swami Sivananda

Language: Hindi

Practice of Karma Yoga.

Price: ₹225.00



Manha Raahasya Aur Neegraha (in Hindi)

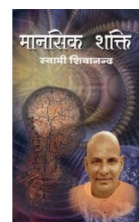
Ref: HS97

Author: Swami Sivananda

Language: Hindi

Mind its Mysteries.

Price: ₹250.00



Manshik Shakti (in Hindi)

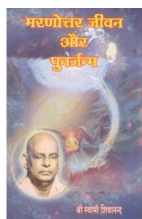
Ref: HS98

Author: Swami Sivananda

Language: Hindi

Thought Power.

Price: ₹130.00



Maranotar Jeevan aur Punarjanma (in Hindi)

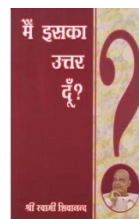
Ref: HS99

Author: Swami Sivananda

Language: Hindi

What Become of the Soul After Death.

Price: ₹195.00



Men Iska Uttara Dun? (in Hindi)

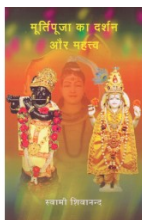
Ref: HS20

Author: Swami Sivananda

Language: Hindi

May I Answer That?

Price: ₹130.00



MurtiPuja Ka Darsan Aur Mahatva (in Hindi)

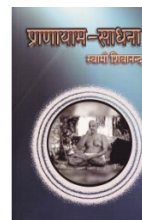
Ref: HS9

Author: Swami Sivananda

Language: Hindi

Philosophy and Significance of Idol Worship.

Price: ₹40.00



Prananyama Sadhana (in Hindi)

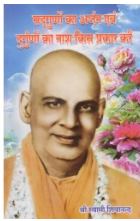
Ref: HS122

Author: Swami Sivananda

Language: Hindi

Science of Pranayama.

Price: ₹85.00



**Sadguno Ka Arjan Aboen Durguno Ka Nash
Kis Prakar Karen (in Hindi)**

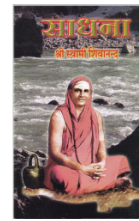
Ref: HS8

Author: Swami Sivananda

Language: Hindi

How to Cultivate Virtues and Eradicate Vices.

Price: ₹195.00



Sadhana (in Hindi)

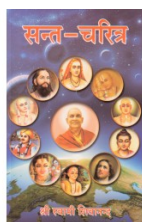
Ref: HS130

Author: Swami Sivananda

Language: Hindi

Sadhana.

Price: ₹475.00



Sant Charitra (in Hindi)

Ref: HS291

Author: Swami Sivananda

Language: Hindi

Lives of Saints.

Price: ₹460.00



Satsang Aur Swadhyaya (in Hindi)

Ref: HS289

Author: Swami Sivananda

Language: Hindi

Satsang and Swadhyaya.

Price: ₹80.00



Satsang Bhajanmala (in Hindi)

Ref: HS136

Author: Swami Sivananda

Language: Hindi

Satsang Bhajanavali.

Price: ₹160.00



Sivananda Atmakatha (in Hindi)

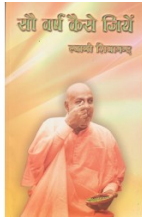
Ref: HS5

Author: Swami Sivananda

Language: Hindi

Autobiography of Sw. Sivananda.

Price: ₹120.00



Sou Barsh Kai Se Jian (in Hindi)

Ref: HS12

Author: Swami Sivananda

Language: Hindi

Sou Barsh Kai Se Jian (in Hindi)

Price: ₹95.00



Srimad Bhagavad Gita (in Hindi)

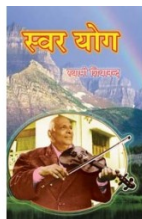
Ref: HS25

Author: Swami Sivananda

Language: Hindi

Bhagavad Gita.

Price: ₹490.00



Svara Yoga (in Hindi)

Ref: HS14

Author: Swami Sivananda

Language: Hindi

Svara Yoga.

Price: ₹90.00



Vidyarthi Jeevan Ma Saphalta (in Hindi)

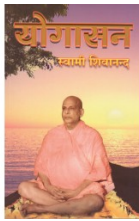
Ref: HS280

Author: Swami Sivananda

Language: Hindi

Students Success in Life.

Price: ₹60.00



Yoga Asana (in Hindi)

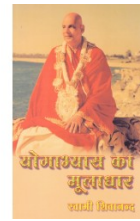
Ref: HS203

Author: Swami Sivananda

Language: Hindi

Yoga Asana.

Price: ₹115.00



Yogabyas ka Muladhar (in Hindi)

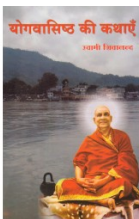
Ref: HS202

Author: Swami Sivananda

Language: Hindi

Practice of Yoga.

Price: ₹260.00



Yogavashitha Kathayen (in Hindi)

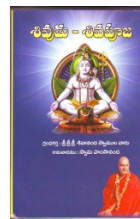
Ref: HS16

Author: Swami Sivananda

Language: Hindi

Stories from the Yoga Vasishtha.

Price: ₹150.00



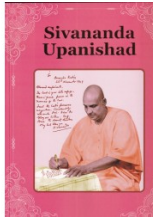
Lord Siva & His Worship (in Telugu)

Ref: TS3

Author: Swami Sivananda

Language: Telugu

Price: ₹100.00



Sivananda Upanishad (Part - I)

Ref: ES150

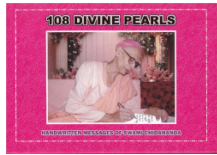
Author: Swami Sivananda

Worshipful Gurudev, out of his great love and compassion, used to write individual letters to thousands of his disciples all over the world to give them personal spiritual guidance. This book 'Sivananda Upanishad' has twelve Adhyayas i.e. chapters pertaining to different aspects of Yoga Sadhana and Spiritual Life. In the present edition, the first eight chapters along with transcription and Hindi translation are being published as 'Sivananda Upanishad-I'

Price: ₹800.00

The Divine Life Society E-bookstore – Product Catalogue

15 Oct 2026 | 206–207 of 362 products



108 DIVINE PEARLS

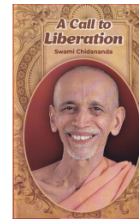
Ref: EC36

Author: Swami Chidananda

Language: English

This divine rosary is stung with 108 priceless pearls of wisdom i.e. Handwritten Messages of Worshipful Sri Swami Chidanandaji Maharaj, which have been devoutly gathered and beautifully compiled from Pujya Swamiji Maharaj's Letters and messages.

Price: ₹475.00



A Call to Liberation

Ref: EC61

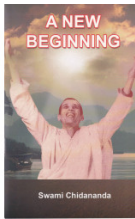
Author: Swami Chidananda

Language: English

108 inspiring early morning meditation talks given in the Samadhi Hall. Seekers will find within a universal message and a compelling call. Soul-stirring and thorough-going, these lectures cover the entire gamut of spiritual life with penetrating clarity and angle of vision.

[More Information](#)

Price: ₹390.00



A New Beginning

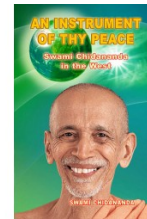
Ref: EC26

Author: Swami Chidananda

Language: English

Selections from Swamiji's talks in the morning mediation sessions to mould one's life anew in the light of Gurudev's teachings.

Price: ₹45.00



An Instrument of Thy Peace

Ref: EC1

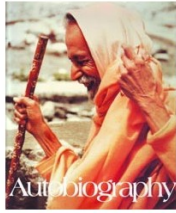
Author: Swami Chidananda

Language: English

The talks in this book are powerful messages to whichever group might receive them, but they are especially powerful for a Western audience. Swamiji must have given the talks with the Western perspective and cultural conditioning in mind. He has been able to distil the wisdom of the East into ideas and examples that relate directly to the life experience of the Westerners who heard the talks or who might be reading them in this book. Swamiji's great love and compassion are evident in his talks.

[More Information](#)

Price: ₹405.00



Autobiography

Ref: EC20

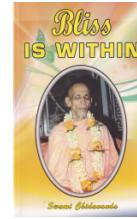
Author: Swami Chidananda

Language: English

Swami Chidananda never wrote an Autobiography because he was too busy caring for others. Also he didn't consider himself as a personality who has a biography. So these are only 'Biographical Glimpses' of a great Being. They give us an insight into how early and how intensely he was drawn to the spiritual life and how great the sacrifice of his heart's deepest longing was. His surrender to God and His Master was total – so that there was nothing left but Consciousness Bliss.

[More Information](#)

Price: ₹150.00



Bliss is Within (Abridged Version)

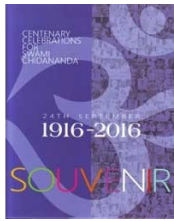
Ref: EC4

Author: Swami Chidananda

Language: English

Talks delivered during the extensive tours of the author both in India and abroad. They are lucid, highly inspiring, practical and universal in nature. Addressing spiritual aspirants all over the world, this book again is a veritable treat.

Price: ₹130.00



Centenary Celebrations For Swami Chidananda Souvenir

Ref: EC23

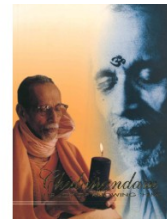
Author: Swami Chidananda

Language: English

Souvenir means remembering! Remembering our beloved Master Swami Chidananda! Remembering His love, His wisdom, His laughter, His compassion, His singing, His teaching, His Holiness, His Selflessness, His beauty, His Divinity!.

[More Information](#)

Price: ₹200.00



Chidanandam The Joy of Knowing Him

Ref: EC15

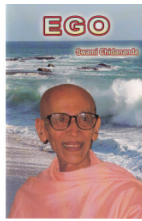
Author: Swami Chidananda

Language: English

This book is a blue-print for an aspirant to become a Jivanmukta. In it is contained a clear description of the characteristics of a great saint, an ideal Yogi, a para-Bhakta and great sage.

[More Information](#)

Price: ₹300.00



Ego

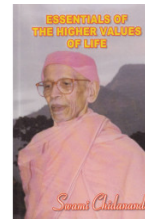
Ref: EC6

Author: Swami Chidananda

Language: English

Readers will find in this booklet how organism-centred ego, the sworn enemy of man, is responsible for keeping the spiritual aspirants away from God and how it has made us exploiters of the distressed, creators of disharmony and instruments of social conflicts. This booklet contains a complete verbal tableau of this enemy and also presents a complete strategy to battle against and annihilate it. But this is not all. The concluding description of the victorious end of this battle – 'the great day of days, of rejoicing, of hallelujah' – fills the reader with hope that the dark night of the ego will end, sooner or later, and be followed by the 'sunrise of God-awareness'.

Price: ₹30.00



Essentials of the Higher Values of Life

Ref: EC62

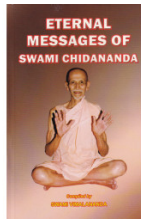
Author: Swami Chidananda

Language: English

This inspiring book throws useful light on higher values of spiritual life and gives guidance for spiritual Sadhana. Including precious talks like 'The Golden Thread of Vedanta', this book will certainly help in getting rid of all misconceptions about Vedanta and allied topics.

[More Information](#)

Price: ₹65.00



Eternal Messages

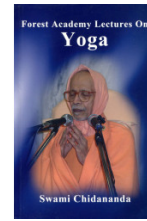
Ref: EC7

Author: Swami Chidananda

Language: English

This brochure is a collection of spiritual advice given previously to earnest seekers through correspondence.

Price: ₹45.00



Forest Academy Lectures on Yoga

Ref: EC3

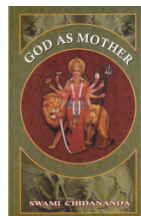
Author: Swami Chidananda

Language: English

While there are commentaries on the Yoga scriptures from orthodox points of view, teachers have very rarely attempted to bring the loving message of Yoga to the hearts of people. In the present publication, Swamiji has presented to the seeking public the knowledge of Yoga as it actually has to be imparted to the novitiates who wish to receive instruction in a parental fashion.

[More Information](#)

Price: ₹325.00



God as Mother

Ref: EC9

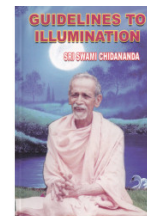
Author: Swami Chidananda

Language: English

This book contains a series of illuminating lectures delivered during Navaratri Durga Puja – all about the Divine Mother. Even a mere reading of this precious book consisting of talks given on nine consecutive days is a Supreme Sadhana by itself.

[More Information](#)

Price: ₹95.00



Guidelines to Illumination

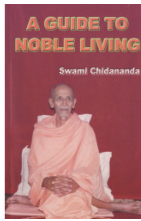
Ref: EC56

Author: Swami Chidananda

Language: English

This book vividly gives the fundamentals of spiritual life and serves the purpose of giving some practical and useful information in this direction. Focuses on aspects such as simplicity and attention, so crucial to spiritual progress.

Price: ₹120.00



Guide to Noble Living

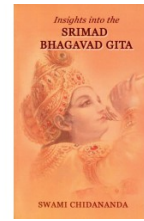
Ref: EC10

Author: Swami Chidananda

Language: English

A general guide to noble and spiritual living.

Price: ₹55.00



Insights into the Srimad Bhagavad Gita

Ref: EC35

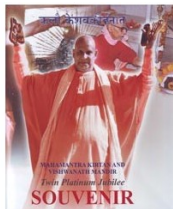
Author: Swami Chidananda

Language: English

This book is a beautiful compilation of Pujya Swamiji Maharaj's inspiring and thought-provoking discourses on the divine scripture 'Srimad Bhagavad Gita'.

[More Information](#)

Price: ₹180.00



Kaslau Keshava Kirtanat

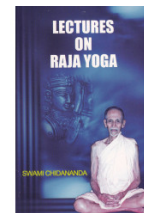
Ref: EC33

Author: Swami Chidananda

Language: English

Souvenir to commemorate the sacred occasions of Platinum Jubilee of Akhanda Mahamantra Kirtan and Consecration of Sri Vishwanath Mandir.

Price: ₹300.00



Lectures on Raja Yoga

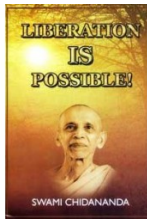
Ref: EC16

Author: Swami Chidananda

Language: English

Presents the system of Patanjali in a nutshell. Excellent lectures, given in 1973, on the theory of Raja Yoga, the inner yoga of concentration and meditation.

Price: ₹100.00



Liberation is Possible!

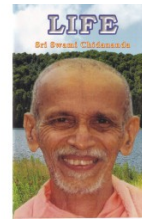
Ref: EC32

Author: Swami Chidananda

Language: English

A selection of inspiring early morning meditation talks by Swami Chidanandaji.

Price: ₹45.00



Life

Ref: EC5

Author: Swami Chidananda

Language: English

This booklet, which is a compilation of the words of wisdom spoken by revered Swami Chidanandaji on different occasions and at different times, deals with the subject of 'Life'. Our life is so near us, yet it has not been properly understood by us. In this booklet revered Swamiji tells us what life is and what the true purpose of life is. Like a revolutionary seer he boldly tries to change our view of life. He says that life is not a biological process. It is living in and for God. It is that state of existence which is upheld by sacrifice. He also says that daily life is not a humdrum repetition of daily chores, rather it is a test of inner sadhana. Read in this booklet what the science of living life is, what the basic truths of life are and what God wants us to achieve in our life. Read this booklet attentively. It will pave the path for transforming your human existence into a God-oriented purposeful life—useful to others.

Price: ₹45.00



Light Fountain

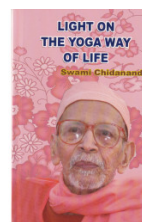
Ref: EC19

Author: Swami Chidananda

Language: English

A vivid biographical portrayal of H.H. Sri Swami Sivanandaji Maharaj's majestic traits and magnificent personality and the salient incidents of his interesting life. An inspirational work that aims at bringing out the underlying philosophy and practical lessons in many of Swami Sivananda's day-to-day activities.

Price: ₹155.00



Light on the Yoga Way of Life

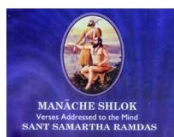
Ref: EC67

Author: Swami Chidananda

Language: English

A collection of answers to questions put by various people from all walks of life.

Price: ₹40.00



Manache Shlok

Ref: EC12

Author: Swami Chidananda

Language: English

This pocket-size booklet contains the English translation of the 205 Marathi verses attributed to the great Maharashtrian poet-saint Samarth Ramdas.

Price: ₹30.00



Message of Swami Chidananda to Mankind

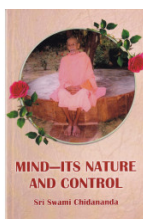
Ref: EC64

Author: Swami Chidananda

Language: English

A compilation of insightful discourses on subjects such as Yoga, Meditation, Guru and disciple, Sadhana, Mind control and the true purpose of life.

Price: ₹80.00



Mind-Its Nature and Control

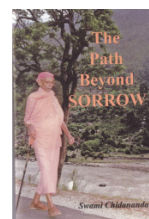
Ref: EC37

Author: Swami Chidananda

Language: English

A Series of Three Talks delivered by Param Pujya Sri Swami Chidanandaji Maharaj , at the Birla Sangeet Kala Mandir Trust Calcutta , in February 1990

Price: ₹60.00



Path Beyond Sorrow

Ref: EC28

Author: Swami Chidananda

Language: English

A volume dealing extensively with spiritual values of life and suggestive methods for transcending mundane existence. A 'must' for every aspirant, struggling with the vexations of life.

Price: ₹230.00



Path to Blessedness

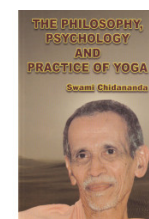
Ref: EC29

Author: Swami Chidananda

Language: English

Quintessence of the Ashtanga Yoga of Sage Maharshi Patanjali, the well-known eight stages or Limbs of Yoga. A fine exposition.

Price: ₹125.00



Philosophy, Psychology and Practice of Yoga

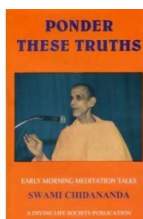
Ref: EC30

Author: Swami Chidananda

Language: English

The title says it all. Series of lectures given by the author highlighting the most essential aspects of Yoga Sadhana and bringing Yoga Darshana as a vibrant, living guide to spiritual practice. A very useful book.

Price: ₹180.00



Ponder these Truths

Ref: EC31

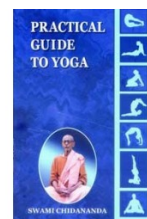
Author: Swami Chidananda

Language: English

75 highly enlightening talks delivered during the morning meditation sessions in the Ashram, comprising the profound wisdom and inspiration of the Saint and Sage. "Blessed Atman! The key to blessedness lies in being aware of blessedness." An invaluable collection.

[More Information](#)

Price: ₹245.00



Practical Guide to Yoga

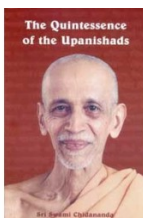
Ref: EC34

Author: Swami Chidananda

Language: English

A brief course on Hatha Yoga for householders and aspirants alike. The many black and white photographs are very helpful.

Price: ₹70.00



Quintessence of the Upanishads

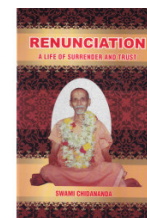
Ref: EC2

Author: Swami Chidananda

Language: English

The human intellect has not been able to conceive of anything more noble and sublime in the history of the world than the teachings of the Upanishads. In these brief commentaries on selected verses from the ten principal Upanishads, Swamiji Maharaj gently guides the readers beyond the mere words to their underlying spiritual truth.

Price: ₹50.00



Renunciation - A Life of Surrender and Trust

Ref: EC68

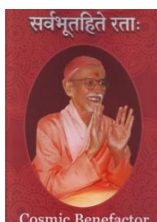
Author: Swami Chidananda

Language: English

A compilation from the early morning meditation talks of Pujya Swamiji Maharaj, containing invaluable tips both for practice on daily life as well as for profound meditation.

[More Information](#)

Price: ₹45.00



Sarbabhutahite Ratah (Cosmic Benefactor)

Ref: EC8

Author: Swami Chidananda

Language: English

True devotee of the Lord beholds the sky, air, fire, water, earth, celestial luminaries, living beings, quarters, trees, rivers, oceans, in fact all that exists as the body of the Lord and devoutly prostrating greets all in worshipfulness and offers loving services to one and all. Worshipful Sri Swami Chidanandaj Maharaj was one of such divine souls who saw God in all, loved God in all and served God in all. His entire life was a constant adoration to the Supreme manifested in manifold names and forms, especially the poor and the sick, the destitute and the downtrodden. Service before self epitomized the life of this ever-compassionate saint. His all-embracing loving heart enveloped in its cosmic embrace everything in the universe from the magnificent galaxies to the smallest insect. The present pictorial Sarbabhutahite Ratah 'Cosmic Benefactor' portrays vivid glimpses of his sublime life and sacred mission. With loving gratitude, this pictorial is offered at the holy feet of Puja Sri Swamiji Maharaj, on the auspicious occasion of his 100th Birthday.

[More Information](#)

Price: ₹300.00



Seek the Beyond

Ref: EC75

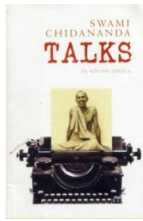
Author: Swami Chidananda

Language: English

In this unique book, containing a selection of early morning meditation talks given in the sacred Samadhi Hall at Sivananda Ashram, Swami Chidananda, from his own deep realisation and understanding, guides us in our journey towards the Beyond. Swamiji teaches that liberation is here and now, but we must choose to live in the Divine and refuse to be lost in worldly desires and pursuits. Whole book is printed on superior quality art paper in 5 colours.

[More Information](#)

Price: ₹300.00



Swami Chidananda Talks in South Africa

Ref: EC25

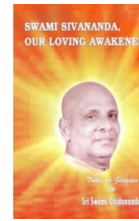
Author: Swami Chidananda

Language: English

23 inspiring talks given by H.H. Swami Chidanandaji at the Sivananda School of Yoga in Johannesburg in the years 1978 and 1983.

[More Information](#)

Price: ₹135.00



Swami Sivananda: Our Loving Awakener

Ref: EC17

Author: Swami Chidananda

Language: English

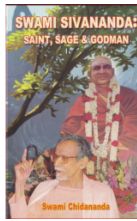
This is a collection of twenty–five discourses and messages about the great Guru Swami Sivananda by his great Sishya Swami Chidananda for the benefit of all disciples, devotees and seekers of Truth. They make us again realise the unique personality and teachings of Gurudev and the dedicated discipleship of Swami Chidananda. They immediately inspire the reader to follow in their footsteps and lead the divine life.

[More Information](#)

Price: ₹120.00

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Swami Sivananda: Saint, Sage and Godman

Ref: EC54

Author: Swami Chidananda

Language: English

Swami Sivananda preached only those things which he himself practised. In these talks, the author has brought out the inherent salient teachings from Swami Sivananda's life. Including much about fellow mystics and the ashram life, this indeed is a very interesting and inspiring volume.

[More Information](#)

Price: ₹205.00



The Divine Destination

Ref: EC18

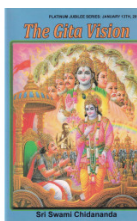
Author: Swami Chidananda

Language: English

Inspiring, though–provoking and elevating extracts from the outpourings of Sri Swami Chidanandaji's saintly heart.

[More Information](#)

Price: ₹120.00



The Gita Vision

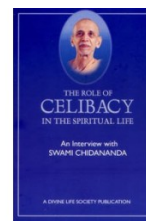
Ref: EC46

Author: Swami Chidananda

Language: English

Inspiring lectures on the first three chapters of the Bhagavadgita – the quintessence of the wisdom of Vedanta.

Price: ₹20.00



The Role of Celibacy in Spiritual Life

Ref: EC78

Author: Swami Chidananda

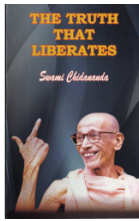
Language: English

An interview with Swami Chidananda that appeared in "What is Enlightenment?" magazine.

Price: ₹25.00

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The Truth That Liberates

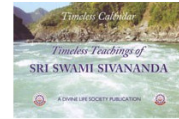
Ref: EC66

Author: Swami Chidananda

Language: English

Morning Lectures delivered by President Swamiji at Samadhi Mandir.

Price: ₹55.00



Timeless Teachings of Sri Swami Sivananda

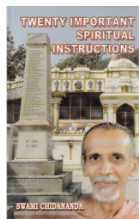
Ref: EC24

Author: Swami Chidananda

Language: English

Calender – 31 Days.

Price: ₹150.00



Twenty Important Spiritual Instructions

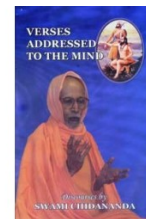
Ref: EC40

Author: Swami Chidananda

Language: English

A systematised presentation of these instructions enlarging upon two prerequisites required for the all-round spiritual discipline. Intensely practical and supremely helpful.

Price: ₹145.00



Verses Addressed to the Mind

Ref: EC11

Author: Swami Chidananda

Language: English

This book comprises forty inspiring talks by revered Swamiji Maharaj being a commentary as it were on a small book in Marathi language by the great saint Sant Samarth Ramdas entitled Manache Shlok (Verses Addressed to the Mind).

Price: ₹210.00



Walk in This Light

Ref: EC27

Author: Swami Chidananda

Language: English

This book contains 50 inspiring early morning meditation talks delivered by Worshipful Sri Swami Chidanandaji Maharaj at the holy Samadhi Shrine during the year 1988 and 1989.

[More Information](#)

Price: ₹140.00



Worshipful Homage

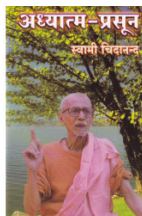
Ref: EC14

Author: Swami Chidananda

Language: English

This pictorial biography of His Holiness Most Worshipful Sri Swami Chidanandaji Maharaj tries to show the unique way in which he served his Master and all his children.

Price: ₹500.00



Adhyatma Prasun (in Hindi)

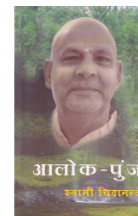
Ref: HC1

Author: Swami Chidananda

Language: Hindi

Adhyatma Prasun (in Hindi)

Price: ₹35.00



Alok Punj (in Hindi)

Ref: HC2

Author: Swami Chidananda

Language: Hindi

Light Fountain.

Price: ₹145.00



Bhagavan Ka Matrirup (in Hindi)

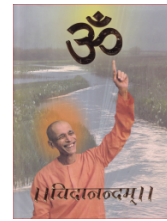
Ref: HC3

Author: Swami Chidananda

Language: Hindi

God as Mother.

Price: ₹100.00



Chidanandam (in Hindi)

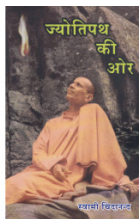
Ref: HC55

Author: Swami Chidananda

Language: Hindi

This book is a blue–print for an aspirant to become a Jivanmukta. In it is contained a clear description of the characteristics of a great saint, an ideal Yogi, a para–Bhakta and great sage.

Price: ₹200.00



Jyoti Path Ki Aur (in Hindi)

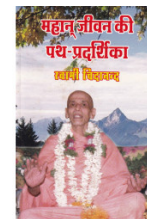
Ref: HC15

Author: Swami Chidananda

Language: Hindi

Guidelines to Illumination.

Price: ₹145.00



Mahan Jeevan ki Patha Pradashika (in Hindi)

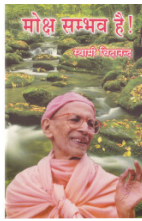
Ref: HC21

Author: Swami Chidananda

Language: Hindi

Guide to Noble Living.

Price: ₹80.00



Moksha Sambhav Hai (in Hindi)

Ref: HC50

Author: Swami Chidananda

Language: Hindi

Liberation is Possible.

Price: ₹35.00



Mukti Path (in Hindi)

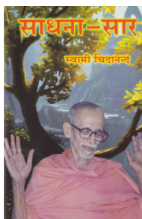
Ref: HC24

Author: Swami Chidananda

Language: Hindi

Path of Blessedness.

Price: ₹120.00



Sadhana Sara (in Hindi)

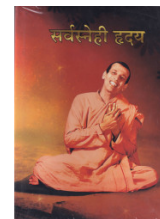
Ref: HC47

Author: Swami Chidananda

Language: Hindi

Essence of Sadhana.

Price: ₹50.00



Sarva Snehi Hridaya (in Hindi)

Ref: HC6

Author: Swami Chidananda

Language: Hindi

The All-embracing Heart.

Price: ₹100.00

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Saswat Sandesh (in Hindi)

Ref: HC39

Author: Swami Chidananda

Language: Hindi

Eternal Messages.

Price: ₹55.00



Shokateeta Patha (in Hindi)

Ref: HC4

Author: Swami Chidananda

Language: Hindi

The Path Beyond Sorrow.

Price: ₹140.00



Tyaga Sarnagathi (in Hindi)

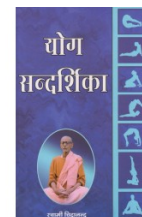
Ref: HC54

Author: Swami Chidananda

Language: Hindi

Renunciation.

Price: ₹25.00



Yoga Sandershika (in Hindi)

Ref: HC45

Author: Swami Chidananda

Language: Hindi

Practical Guide to Yoga.

Price: ₹55.00

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चिदानन्द आत्मकथा (Chidananda Atmakatha)

Ref: HC7

Author: Swami Chidananda

Language: Hindi

Autobiography पुस्तक का हन्दी अनुवाद

Price: ₹85.00



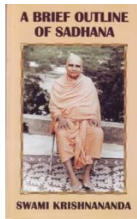
Ponder These Truths (in Telugu)

Ref: TC32

Author: Swami Chidananda

Language: Telugu

Price: ₹100.00



A Brief Outline of Sadhana

Ref: EK53

Author: Swami Krishnananda

Language: English

A series of four discourses delivered during the Sadhana Week program held in the Ashram in 1997 as a general outline and introduction to spiritual practice. Swamiji Maharaj explains why it is necessary to do sadhana, and the importance of meditation in spiritual practice. This book will be of help to all spiritual seekers who wish to attain the ultimate goal of life, which is God–realisation.

Price: ₹60.00



Ascent of the Spirit

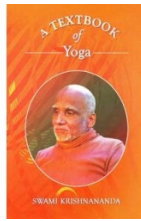
Ref: EK3

Author: Swami Krishnananda

Language: English

A stimulating logical study starting with the foundations of educational psychology, its philosophical basis and spiritual significance, and covering such important areas of thought and action as the meaning behind social relationship, as well as the ultimate roots of legal and ethical principles involved in the human life. Elucidates such important profundities of philosophy as the doctrine of creation and the realisation of the Absolute.

Price: ₹180.00



A Textbook of Yoga

Ref: EK60

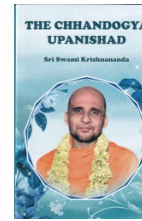
Author: Swami Krishnananda

Language: English

These lectures on Yoga were meant for students who had come to the Ashram for the first time. Sri Swamiji Maharaj lucidly explains what yoga is and why it is necessary, what the Ultimate Reality is, and how to practise meditation in order to realise It. Thus, this book becomes a valuable guide for all those with no prior exposure to yoga philosophy and practice, to be introduced to yoga from a philosophical and practical point of view, and then to carry on the practice in their day-to-day lives.

[More Information](#)

Price: ₹225.00



Chhandogya Upanishad

Ref: EK6

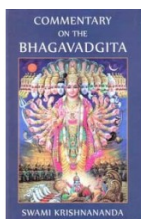
Author: Swami Krishnananda

Language: English

Perhaps the most in-depth study ever made of its philosophical and spiritual message. "You have no support anywhere in this world, except your own self, as the peg is the resting place of the bird in the illustration." Helps to put the mind in its place. An invaluable guide of perennial value.

[More Information](#)

Price: ₹380.00



Commentary on the Bhagavad Gita

Ref: EK36

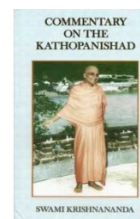
Author: Swami Krishnananda

Language: English

The Srimad Bhagavad Gita is read all over the world, and has also been translated into many languages. Signifying the supreme glory of this divine scripture, Sadgurudev Sri Swami Sivanandaji Maharaj says, "Just as the dark, unfathomed depths of the ocean contain the most precious pearls, so also the Gita contains spiritual gems of incalculable value." Worshipful Sri Swami Krishnanandaji Maharaj, the scholarly saint of our Ashram, dived deep into the ocean of this sacred scripture and culled sublime and soul–stirring spiritual truths. Sri Swamiji Maharaj most graciously shared his wisdom treasure with all through a series of talks given in 1989, and made seekers eternally indebted to him.

[More Information](#)

Price: ₹490.00



Commentary on the Kathopanishad

Ref: EK58

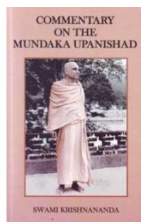
Author: Swami Krishnananda

Language: English

Highlighting the glory of Kathopanishad Sadgurudev Sri Swami Sivanandaji Maharaj says, "This is one of the most beautiful Upanishads in which the eternal truths are given in the form of a narrative." With great delight, we offer our readers an exhaustive and illuminating commentary on this beautiful Upanishad by Worshipful Sri Swami Krishnanandaji Maharaj. In the present book 'Commentary on the Kathopanishad', Pujya Sri Swamiji Maharaj blesses the spiritual aspirants with an insightful analysis of each verse in his unique and all–comprehensive style and also explains the sublime doctrines of Vedanta in a very attractive manner.

[More Information](#)

Price: ₹145.00



Commentary on the Mundaka Upanishad

Ref: EK56

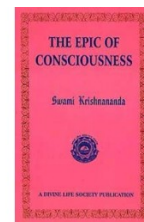
Author: Swami Krishnananda

Language: English

Saunaka, the great householder, questioned Rishi Angiras. Kasmin Bhagavo vijnaate sarvamidam vijnaatam bhavati iti: O Bhagavan, what is that which being known, all this—the entire phenomena, experienced through the mind and the senses—becomes known or really understood? The Mundaka Upanishad presents an elaborate answer to this important philosophical question, and also to all possible questions implied in the one original essential question. Worshipful Sri Swami Krishnanandaji Maharaj gave verse-by-verse commentary on this most significant and sacred Upanishad in August 1989. The insightful analysis of each verse in Sri Swamiji Maharaj's inimitable style makes the book a precious treasure for all spiritual seekers.

[More Information](#)

Price: ₹95.00



Epic of Consciousness

Ref: EK7

Author: Swami Krishnananda

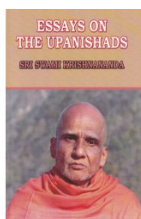
Language: English

A majestic Epic Poem in Miltonian style of English verse in five chapters highlighting the cosmic sweep of creation as a process of the intricate ascent of the soul to Universal Perfection. "May readers read and souls enjoy."

Price: ₹20.00

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Essays on the Upanishads

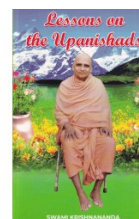
Ref: EK8

Author: Swami Krishnananda

Language: English

The Upanishads have undoubtedly exercised and will continue to exercise a considerable influence on the religions and philosophies of the world. They present a view of Reality which would certainly satisfy the scientific, the philosophic, as well as the religious aspirations of man. This book contains the discourses given by Sri Swami Krishnanandaji Maharaj on Isavasya, Kena and Katha Upanishads.

Price: ₹70.00



Lessons on The Upanishads

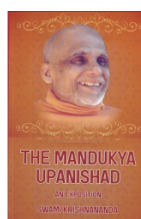
Ref: EK11

Author: Swami Krishnananda

Language: English

Swamiji talks about the importance of the Upanishads as well as what is required for understanding them. The essence of the main Upanishads is discussed.

Price: ₹170.00



Mandukya Upanishad

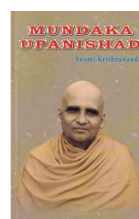
Ref: EK14

Author: Swami Krishnananda

Language: English

The quintessential teaching of the Mandukya Upanishad of the Atharva Veda unfolded with lucidity. A profound analysis of the waking, dream and deep sleep states by the seer and sage of deep insight.

Price: ₹105.00



Mundaka Upanishad

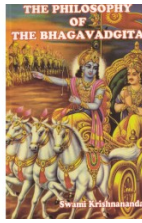
Ref: EK45

Author: Swami Krishnananda

Language: English

Among the Upanishads, the Mundaka is regarded as one of the most important. It throws a flood of light on the Jnana Marga (path of Knowledge) and leads the aspirant to the highest rung in the ladder of Jnana.

Price: ₹65.00



Philosophy of the Bhagavadgita

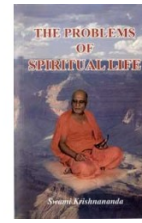
Ref: EK16

Author: Swami Krishnananda

Language: English

A novel text on the profundities of the great scripture of Yoga, the Bhagavadgita, consisting of a series of discourses delivered by the author. A thoroughly inspiring wholesome presentation leading the aspirant through the stages of the ascent of consciousness to the realisation of the great Goal of life.

Price: ₹195.00



Problems of Spiritual Life

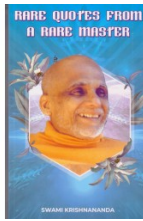
Ref: EK21

Author: Swami Krishnananda

Language: English

This book furnishes apt replies to subtle philosophical queries and benefit to everyone on the path of experiences of the ultimate values of life. Of great utility in clearing misconceptions and providing invaluable tips.

Price: ₹95.00



Rare Quotes from a Rare Master

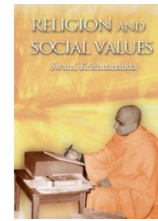
Ref: EK64

Author: Swami Krishnananda

Language: English

This Book is a beautiful compilation of inspiring and thought-provoking handwritten messages of Worshipful Sri Swamiji Maharaj by Sri N.V.Karthikeyanji.

Price: ₹100.00



Religion and Social Values

Ref: EK26

Author: Swami Krishnananda

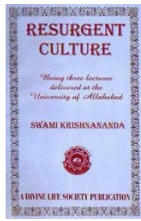
Language: English

Religions have perpetrated this belief that God is very far from us and that in order to attain Him the world must be renounced. In this book Swami Krishnananda explains that religion and social life are not opposites, that they are actually two aspects of a single whole in which everything is included and must be recognised, not denied. Swamiji addresses the problems that are faced by people in the world, the cause of these problems, and the misconceptions that are generally held about religion and social values. Swamiji also gives some practical techniques of how to evolve spiritually while remaining in one's present circumstances.

Price: ₹50.00

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Resurgent Culture

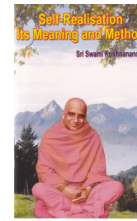
Ref: EK40

Author: Swami Krishnananda

Language: English

A trenchant series of lectures on the fundamental principles of world-understanding, social prosperity, personal solace and freedom. A sure means of purifying and polishing the mind and intellect of any sincere reader.

Price: ₹20.00



Self-Realisation, Its Meaning and Method

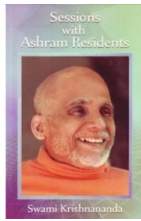
Ref: EK27

Author: Swami Krishnananda

Language: English

A concise and concentrated monograph going directly into the essence of the eternal question of "Rediscovering oneself".

Price: ₹70.00



Sessions with Ashram Residents

Ref: EK59

Author: Swami Krishnananda

Language: English

A series of special talks given to Ashram residents on Sunday mornings between January 1997 and December 1998. A wide range of topics are covered, some of which cannot be found elsewhere in Pujya Sri Swamiji Maharaj's talks.

[More Information](#)

Price: ₹300.00



Spiritual Aspiration and Practice

Ref: EK61

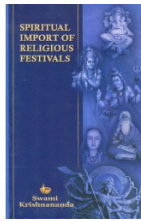
Author: Swami Krishnananda

Language: English

The book is a beautiful compilation of series of discourses given during Sadhana Week in 1991 wherein Pujya Swamiji Maharaj lucidly explains what the spiritual aim actually is and what is the meaning of being a truly religious and spiritual person. These thought-provoking lectures of Pujya Swamiji Maharaj present an in-depth analysis of spiritual process and remove many a misconceptions regarding spiritual life as well.

[More Information](#)

Price: ₹115.00



Spiritual Import of Religious Festivals

Ref: EK29

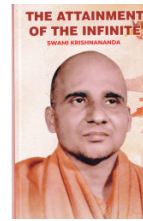
Author: Swami Krishnananda

Language: English

Here is a precious gift to everyone who seeks assistance in probing into the philosophical depths and spiritual values behind injunctions of the religion of man.

[More Information](#)

Price: ₹250.00



The Attainment of the Infinite

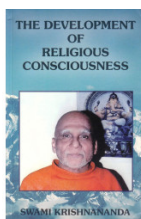
Ref: EK54

Author: Swami Krishnananda

Language: English

A clear analysis of the levels of gradation from finitude to infinitude, combined with valuable techniques to guide the spiritual seeker towards Universality.

Price: ₹105.00



The Development of Religious Consciousness

Ref: EK57

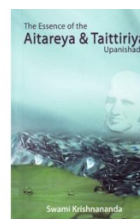
Author: Swami Krishnananda

Language: English

In this series, Sri Swamiji Maharaj takes the reader through the five stages of religious consciousness from its initial stage of concluding that the various phenomena in the world are caused by gods or deities in heaven, to seeing God as a Father in heaven transcending but controlling the world, then to bringing God closer in the form of a Divine Incarnation taking birth in the world, and finally merging with God in mystical experience. The last chapter provides arguments and proofs for the existence of God for those with a logical and philosophical attitude.

[More Information](#)

Price: ₹85.00



The Essence of Aitareya and Taittiriya Upanishads

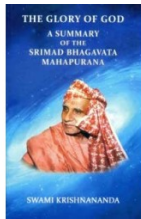
Ref: EK22

Author: Swami Krishnananda

Language: English

The theme of these discourses centres round the cosmological narrative of the Aitareya Upanishad and the psychological analysis of the Taittiriya Upanishad. The importance of this revealing subject would be amply clear to anyone who recognises the significance of the psychophysical structure of the human individual in relation to the universe or creation as a whole.

Price: ₹65.00



The Glory of God (A Summary of the Srimad Bhagavata Mahapurana)

Ref: EK34

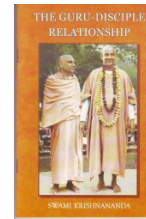
Author: Swami Krishnananda

Language: English

This unique book presents the devotional outpourings of the loving heart of a great Vedantin. In these daily talks, Swamiji presented the essence of the Srimad Bhagavata Mahapurana in his own characteristic style, interspersing in–depth and illuminating interpretation with stories and narrations. This book is a treasure of knowledge presented in a form which is enjoyable and easy to understand for all.

[More Information](#)

Price: ₹90.00



The Guru-disciple Relationship

Ref: EK63

Author: Swami Krishnananda

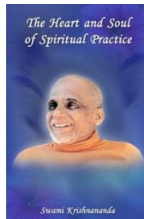
Language: English

With great joy, we are bringing out the booklet 'The Guru–disciple Relationship' by Worshipful Sri Swami Krishnanandaji Maharaj which consists of an informal discourse given by Pujya Swamiji Maharaj in 1974.

In this inspiring discourse, Sri Swamiji Maharaj outlines the origin and development of Ashrams, provides deep insights into the sacred relationship between a Guru and a disciple, and shares his own experience as a disciple of Worshipful Gurudev Sri Swami Sivanandaji Maharaj in his unique, penetrating and comprehensive style.

We do hope that this booklet delineating the divine relationship between a Guru and a disciple will fill the hearts of the spiritual aspirants with loving gratitude and great devotion towards their Guru.

Price: ₹40.00



The Heart and Soul of Spiritual Practice

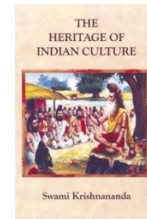
Ref: EK10

Author: Swami Krishnananda

Language: English

The anthology contains seventeen lectures which covers all aspects of understanding and practice for earnest seekers on the spiritual path. Each lecture is complete yet progressive in its content as it builds on the previous lecture towards the apex of understanding.

Price: ₹150.00



The Heritage of Indian Culture

Ref: EK49

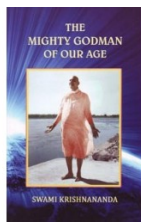
Author: Swami Krishnananda

Language: English

Swamiji brings to light the vision of India, which sees the totality of the various manifestations of life and visualises the One in the many, and how this has relevance in our lives today. Swamiji explores the meaning and development of culture and civilization, the role that philosophy, religion and scripture have played, and why Indian culture has remained so rich and vital through the passage of time while other cultures have perished. Swamiji also discusses the individual's role in society and integrates this with our process of evolution towards the attainment of the Ultimate Reality.

[More Information](#)

Price: ₹75.00



The Mighty Godman of Our Age

Ref: EK28

Author: Swami Krishnananda

Language: English

This book is a compilation of eighteen discourses on Gurudev Sri Swami Sivanandaji Maharaj that Swami Krishnananda gave over the years. Swamiji discusses the circumstances that necessitated the incarnation of Sri Gurudev on Earth at that period in history and the spiritual renaissance that arose at the beginning of the twentieth century. Swamiji also talks about Gurudev's early days in Rishikesh and his austere tapas, various aspects of Gurudev's nature, his mission in the world, and the founding and purpose of The Divine Life Society. When Swami Krishnananda speaks about Sri Gurudev, it is from direct experience as a disciple who lived closely with the holy Master for decades, and along with this personal viewpoint Swamiji brings everything to Universality in a totality of vision.

[More Information](#)

Price: ₹75.00



The Nature of the True Religious Life

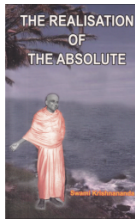
Ref: EK65

Author: Swami Krishnananda

Language: English

This Book consists of a series of illuminating discourses that Param Pujya Sri Swami Krishnanandaji Maharaj gave to the students of the Yoga Vedanta Forest Academy from March to May in the year 1981.

Price: ₹235.00



The Realisation of the Absolute

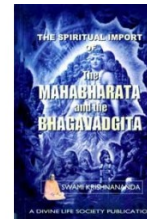
Ref: EK23

Author: Swami Krishnananda

Language: English

A metaphysical and ethical masterpiece of the Upanishadic and Vedantic philosophy.

Price: ₹125.00



The Spiritual Import of the Mahabharata and the Bhagavadgita

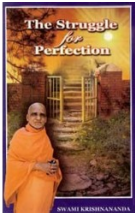
Ref: EK55

Author: Swami Krishnananda

Language: English

The readers are taken through the Mahabharata and through each of the chapters of the Bhagavadgita, elucidating the main points in each chapter and giving insight and guidance for all. The highest truths given in the Bhagavadgita are made relevant to every spiritual seeker.

Price: ₹190.00



The Struggle for Perfection

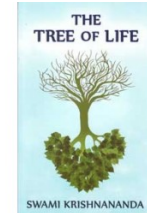
Ref: EK4

Author: Swami Krishnananda

Language: English

Life is a battle between the present and the future. Unless right education of the integral type is provided, humanity's suffering will not end. To establish peace in our relations with others as well as in our own selves is Yoga.

Price: ₹40.00



The Tree of Life

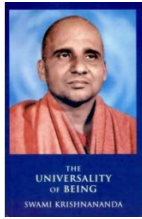
Ref: EK52

Author: Swami Krishnananda

Language: English

A series of three discourses delivered in 1979 on the commencing verses of the Fifteenth Chapter of the Srimad Bhagavad Gita. Swamiji beautifully explains what the tree of life is, and guides us as well how to sever the root of this tree to attain the Supreme Being.

Price: ₹80.00



The Universality of Being

Ref: EK33

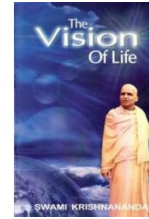
Author: Swami Krishnananda

Language: English

Swamiji discusses the true nature of reality – that everything, including ourselves, exists at all times and at all places; that the past, present and future are an appearance and are interchangeable; and that even the smallest particle is in all levels of existence simultaneously – and guides the student through a profound meditation technique of becoming established in that awareness, culminating in the highest state of being, the Absolute.

[More Information](#)

Price: ₹140.00



The Vision of Life

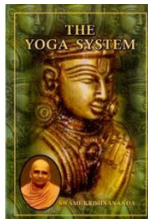
Ref: EK46

Author: Swami Krishnananda

Language: English

These discourses comprise a penetrating analysis of every aspect of the vision of life – from the materialistic and humanistic to the psychological and psychoanalytical, followed by the universal, Vedic, religious and yogic visions.

Price: ₹150.00



The Yoga System

Ref: EK38

Author: Swami Krishnananda

Language: English

This small book contains lectures on the essentials of the Yoga system as propounded by the sage Patanjali. Provides the reader with the right orientation to the abstruse subject of Yoga.

Price: ₹60.00



Total Thinking

Ref: EK62

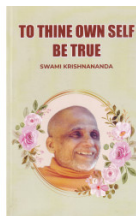
Author: Swami Krishnananda

Language: English

This book comprises a series of discourses given by Worshipful Sri Swami Krishnanandaji Maharaj during Sadhana Week in 1980. In these illuminating lectures, Pujya Swamiji Maharaj imparts valuable techniques for spiritual practices for the spiritual aspirants and seekers to illumine their journey unto the Supreme.

[More Information](#)

Price: ₹110.00



To Thine Own Self Be True

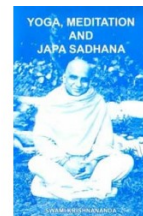
Ref: EK30

Author: Swami Krishnananda

Language: English

A study in the psychology of the human predicament in its relation to the Godward movement for ultimate perfection.

Price: ₹110.00



Yoga, Meditation and Japa Sadhana

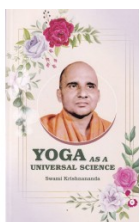
Ref: EK12

Author: Swami Krishnananda

Language: English

An easy and delightful introduction to the yoga of meditation. Highly clarifying and elucidatory, a favorite with everyone.

Price: ₹30.00



Yoga as a Universal Science

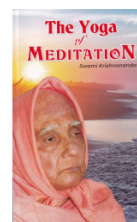
Ref: EK32

Author: Swami Krishnananda

Language: English

A series of extempore lectures given by the author at the Yoga–Vedanta Forest Academy expounding Patanjali's Yoga Sutras with a refreshingly old approach. Addressed to students and seekers alike, this book has the power to reform and revitalise one's outlook to life in general.

Price: ₹230.00



Yoga of Meditation

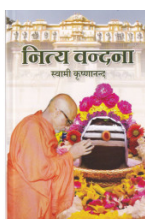
Ref: EK35

Author: Swami Krishnananda

Language: English

A discursive analysis on the techniques of meditation and a comprehensive study on the science of meditation based on the Bhagavadgita and Patanjali's Yoga system. A rock–bottom for all further thinking and study in the technique of meditation.

Price: ₹75.00



Nitya Vandana (in Hindi)

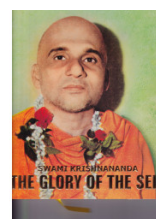
Ref: HK5

Author: Swami Krishnananda

Language: Hindi

Hindi translation of the Book 'Daily Invocations' (Introduction, Translation and Commentary on Satarudriya, Purushasukta, Narayanasukta and Srisukta)

Price: ₹45.00



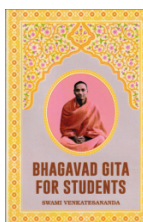
The Glory Of The Self

Ref: EK66

Author: Swami Krishnananda

The pictorial 'SWAMI KRISHNANANDA– THE GLORY OF THE SELF' beautifully presents Swamiji Maharaj's such lively photographs interspersed with his soul–stirring messages, thus gladdening the hearts and illuminating the minds simultaneously.

Price: ₹375.00



Bhagavad Gita for Students

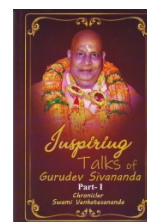
Ref: EV64

Author: Swami Venkatesananda

Language: English

In his book Swami Venkatesananda has given a brief outline of the practical instructions of the Lord.

Price: ₹75.00



Inspiring Talks of Gurudev Sivananda (Part-1)

Ref: EV62

Author: Swami Venkatesananda

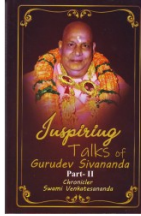
Language: English

Precious pearls of wisdom gathered by Sri Swami Venkatesanandaji Maharaj as they fell from the sacred Lips of Sri Gurudev from March 1948 to July 1950.

Other Books in This Series:

1. Inspiring Talks of Gurudev Sivananda (Part-1)
2. [Inspiring Talks of Gurudev Sivananda \(Part-2\)](#)

Price: ₹215.00



Inspiring Talks of Gurudev Sivananda (Part-2)

Ref: EV63

Author: Swami Venkatesananda

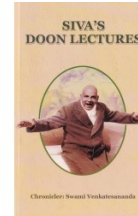
Language: English

Precious pearls of wisdom gathered by Sri Swami Venkatesanandaji Maharaj as they fell from the sacred Lips of Sri Gurudev from March 1948 to July 1950.

Other Books in This Series:

- [1. Inspiring Talks of Gurudev Sivananda \(Part-1\)](#)
2. Inspiring Talks of Gurudev Sivananda (Part-2)

Price: ₹225.00



Siva's Doon Lectures

Ref: EV65

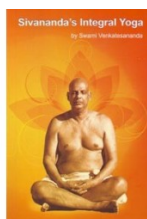
Author: Swami Venkatesananda

Language: English

In this book, you can experience Gurudev Swami Sivananda just as he was: his love, his wisdom, his generosity, his sayings 'yes' to everything, his fun, his concern and care for everything and everybody, and his constant call for—BE GOOD and DO GOOD and for God Realisation. In it, you will also find the essence of all the three hundred books Gurudev has written. This book is a real gift!

[More Information](#)

Price: ₹170.00



Sivananda's Integral Yoga

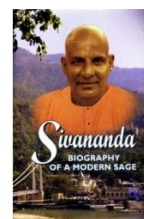
Ref: EV59

Author: Swami Venkatesananda

Language: English

In these pages Swami Venkatesananda lets us experience Gurudev Swami Sivananda who preached the Yoga of Synthesis to the world and was himself a personification of the Yoga of Synthesis. Even in old age Swami Sivananda daily practised Hatha Yoga and Pranayama and benefited greatly thereof. He could never refrain from Karma Yoga, even as a boy he had to serve, he lived to serve. His limitless love for God and His creation made him a total Bhakta. He was a perfect Raja Yogi; all the Angas according to Patanjali's Ashtanga Yoga were born with Gurudev. Jnana was his very nature; and so his actions, his words, his movements had their source in cosmic consciousness.

Price: ₹65.00



Sivananda: Biography of a Modern Sage (Illustrated) (Vol. 1)

Ref: E066

Author: Swami Venkatesananda

Language: English

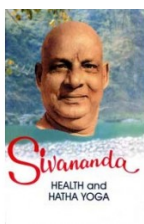
There have been scores of biographies of Gurudev Sri Swami Sivanandaji Maharaj written by various disciples and devotees, but this work stands out as the best of all in many ways. It was the supreme effort of late Revered Sri Swami Venkatesanandaji Maharaj, who, while being a prominent biographer himself, painstakingly culled and compiled the matter from other biographies as well to make it most comprehensive. Suitable and attractive illustrations have profusely been added to enhance the value of the book. It is a must for any reader to know what is indeed the life of a true sage.

[More Information](#)

Other Books in This Series:

1. Sivananda: Biography of a Modern Sage (Illustrated) (Vol. 1)
2. [Sivananda: Health and Hatha Yoga \(Vol. 2\)](#)
3. [Sivananda: Karma Yoga \(Vol. 3\)](#)
4. [Sivananda: Raja Yoga \(Vol. 4\)](#)
5. [Sivananda: Bhakti Yoga \(Vol. 5\)](#)
6. [Sivananda: Vedanta \(Jnana Yoga\) \(Vol. 6\)](#)

Price: ₹380.00



Sivananda: Health and Hatha Yoga (Vol. 2)

Ref: E067

Author: Swami Venkatesananda

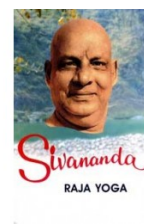
Language: English

In a series of 19 volumes Swami Venkatesananda has compiled and edited almost 300 books of Holy Master Swami Sivananda. The present book, second in the series, gives a comprehensive understanding of good health and the ways and means envisioned and devised by the ancient ones for achieving it. The first section gives a lucid description of what constitutes good health, including many aspects that are often neglected. The second section, Hatha Yoga, deals with exercises for flexibility (covering all the joints of the body); classical yoga asanas and variations; twelve bandhas and mudras, and the shat–kriyas (cleansing techniques). The concise and explicit chapter on pranayama covers every aspect of this important practice. In the section on kundalini the different aspects of this mysterious power are described in simple language. Sections on swara yoga and brahmacharya follow, and the book concludes with a chapter on concentration, meditation and Samadhi.

Other Books in This Series:

- [1.Sivananda: Biography of a Modern Sage \(Illustrated\) \(Vol. 1\)](#)
- 2.Sivananda: Health and Hatha Yoga (Vol. 2)
- [3.Sivananda: Karma Yoga \(Vol. 3\)](#)
- [4.Sivananda: Raja Yoga \(Vol. 4\)](#)
- [5.Sivananda: Bhakti Yoga \(Vol. 5\)](#)
- [6.Sivananda: Vedanta \(Jnana Yoga\) \(Vol. 6\)](#)

Price: ₹235.00



Sivananda: Raja Yoga (Vol. 4)

Ref: E070

Author: Swami Venkatesananda

Language: English

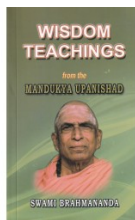
This book is a long–awaited textbook on Raja Yoga. It is an authentic commentary on the Yoga Sutras of Maharshi Patanjali. Instruction is given in language of simplicity, clarity and force. It is a must for all who aspire to control their mind.

[More Information](#)

Other Books in This Series:

- [1.Sivananda: Biography of a Modern Sage \(Illustrated\) \(Vol. 1\)](#)
- [2.Sivananda: Health and Hatha Yoga \(Vol. 2\)](#)
- [3.Sivananda: Karma Yoga \(Vol. 3\)](#)
- 4.Sivananda: Raja Yoga (Vol. 4)
- [5.Sivananda: Bhakti Yoga \(Vol. 5\)](#)
- [6.Sivananda: Vedanta \(Jnana Yoga\) \(Vol. 6\)](#)

Price: ₹355.00



Wisdom Teachings (from the Mandukya Upanishad)

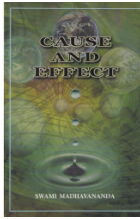
Ref: EB5

Author: Swami Brahmananda

Language: English

'The Mandukya Upanishad of the Atharva Veda is the most important of all the major, or classical Upanishads. It is the priceless treasure of a student on the path of Jnana Yoga because through the Mandukya Upanishad alone, it has been said, can final emancipation be attained. This short Upanishad gives the secret meaning of Om, which is the name of Brahman. It gives an analysis of the three states of waking, dream and deep sleep, which we experience every day. Through a study and clear grasp of these states, through proper understanding of Om and its right significance, you can find the way to approach and realise Brahman. So, study the Mandukya Upanishad. The Mandukya alone is enough for the salvation of all aspirants.' Thus wrote Satgurudev Sri Swami Sivananda. It is with great pleasure that we present to all sincere aspirants this rare volume that contains the wisdom teachings of a modern sage on the subject of the Mandukya Upanishad – His Holiness Sri Swami Brahmananda – a highly respected and admired monk of Sivananda Ashram.

Price: ₹260.00



Cause and Effect

Ref: E056

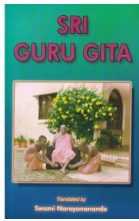
Author: Swami Madhavananda

Language: English

'Cause and Effect' is like a bouquet of fragrant flowers of variety, whose sweet scent disperses great joy and happiness to one and all.

[More Information](#)

Price: ₹50.00



Sri Guru Gita

Ref: EO4

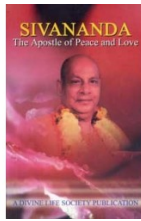
Author: Swami Narayananda

Language: English

The real nature of Sadguru, which is akin to the nature of the Supreme Being is very beautifully depicted in this book along with the original verses forming dialogue between Uma and Maheswara, from Skanda Purana and lucid commentary in English.

[More Information](#)

Price: ₹115.00



Sivananda: The Apostle of Peace and Love

Ref: E058

Author: Swami Paramananda

Language: English

Swami Paramanandaji reveals many intimate traits in one who is today acclaimed by sincere seekers after Truth all over the world as an unrivalled man-of-God.

Price: ₹45.00



Anecdotes of Sivananda

Ref: E021

Author: Other Authors

Language: English

Arjuna asks the Lord: "How does the self–realised sage talk, sit, speak and move?" Every action, every movement, every word spoken by the Yogi is important. He has a different attitude to life, which is reflected in a subtle way in all his thoughts, words and deeds. So the day–to–day life of a saint provides great inspiring lessons for a sincere Sadhaka. For this reason the soul–elevating instances from the life of Swami Sivananda have been recorded here. The best way to learn Yoga is not through a book, but by a close and careful study of a saint's everyday activities. A true saint teaches not through precepts but by example, for he knows that "whatever a saint among men does, that the masses will follow". This is a universal truth. It is also said that the supreme glory in the lives of the saints lies in the fact that they "departing, leave behind them footprints in the sands of time". Swami Sivananda's Lilas are extremely interesting and instructive and pave the way for us, an illumined way of right old and right thinking.

Price: ₹75.00



Bhajan Kirtan in Gurudev Kutir

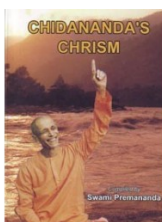
Ref: E065

Author: Other Authors

Language: English

These Bhajans and Kirtans were sung by Sri Swami Devanandaji Maharaj in Gurudev Kutir since 1963 after Maha Samadhi of Sadguru Swami Sivanandaji Maharaj every day from 6.00 p.m. to 7.00 p.m.

Price: ₹60.00



Chidananda's Chrism

Ref: E015

Author: Other Authors

Language: English

Self-discipline has to be practiced with great caution with due regard to the foibles of human nature. Many a time, the mind which is the chief factor involved in Sadhana has to be tackled with strictness combined with intelligent leniency. We hope that this book will provide the needed sympathetic guidance in the initial stages of the endeavour of the mind in practicing ethical discipline and attaining moral perfection.

Price: ₹20.00



Children's Sivananda

Ref: E025

Author: Other Authors

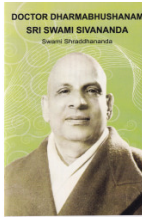
Language: English

Srimati Vani has lived up to her name which is the name of the Goddess of learning, wisdom and music. By benign providence she has been given the privilege of blending in her heart and in her outlook all that is best in the culture of the East and the West. She, as her divine Master Swami Sivananda, has endeavoured to bridge the gulf between East and West. In this little book she eagerly shares with 'children', young and old, the divine life of Sri Swamiji that she has seen, the glorious mission that she has watched taking shape and the life-transforming teachings of Swamiji that she has studied and imbibed.

Price: ₹80.00

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Doctor Dharmabhusanam Sri Swami Sivananda

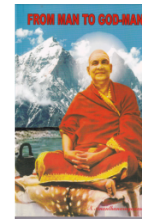
Ref: EO24

Author: Other Authors

Language: English

This is the English translation of a small book of the same title in Tamil, written by Narasimha Aiyar, who served Swami Sivananda in Malaya as his cook. With great love and adoration he describes Dr. Kuppuswami, how in the earliest part of his life he was already a saint – the giver, helper, guide and refuge for countless people.

Price: ₹45.00



From Man to God-Man

Ref: EO6

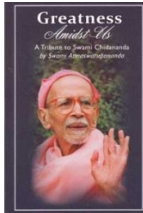
Author: Other Authors

Language: English

An objective and exhilarating Biography of the master written after painstaking research by a direct disciple Sri N. Ananthanarayanan.

[More Information](#)

Price: ₹270.00



Greatness Amidst Us

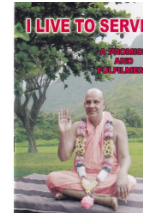
Ref: EO29

Author: Other Authors

Language: English

These 26 short talks were delivered in honour of worshipful Sri Swami Chidanandaji Maharaj in the early morning hours from August 31 to September 25, 2016. In these brief talks, he brings out the unique spirituality of Swami Chidanandaji Maharaj. These talks are sure to inspire seekers who read them.

Price: ₹40.00



I Live to Serve

Ref: EO2

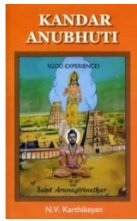
Author: Other Authors

Language: English

Intimate glimpses into Gurudev Sivananda's Last Days – how the Holy Master lived a life of unremitting service to the very end.

[More Information](#)

Price: ₹25.00



Kandar Anubhuti (God Experience)

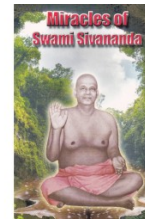
Ref: E035

Author: Other Authors

Language: English

The only commentary in English presented in such depth on this Tamil Classic of 51 Verses of Saint Arunagirinathar of the Fourteenth Century, including interpretations both exoteric and esoteric.

Price: ₹120.00



Miracles of Sivananda

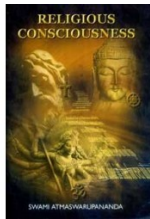
Ref: E09

Author: Other Authors

Language: English

In this collection of various miracles of Swamiji, the reader will not fail to notice that they have invariably brought about an inner spiritual transformation.

Price: ₹80.00



Religious Consciousness

Ref: E064

Author: Other Authors

Language: English

In these lectures, Swami Atmaswarupananda shares with us ways that the scriptural teachings can be interpreted, so that they are relevant to a seeker's practical spiritual life. Although his lectures are based primarily on Vedic teachings, they are structured around the Four Noble Truths of Lord Buddha and contain relevant teachings from Christianity, Judaism and His Holiness Swami Sivananda.

Price: ₹55.00



Saint Sivananda

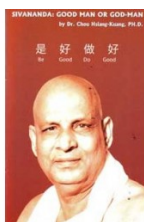
Ref: E022

Author: Other Authors

Language: English

In a very lively and spontaneous way the author Sivaprasad tells how he came in contact with Siva – Gurudev Swami Sivananda – or better how he fell in love with him. He tells us the story of Siva's life, how he came to Rishikesh, his life as a Tapasvin, the beginning of his mission and how Sivananda Ashram came into being where the great disciples and thousands of visitors from India and the world began to gather. In the chapters about his 'Writings' he first introduces the reader to Gurudev's magnanimous ideas and then gives a summary about his principal books. This book was written in 1943, and we get a glimpse of Swami Sivananda in his fifties and before he became world famous.

Price: ₹35.00



Sivananda: Good Man or God-Man

Ref: E023

Author: Other Authors

Language: English

The author, Dr. Chou Hsiang–Kuang, compares Swami Sivananda's teachings with those of ancient Chinese sages like Lao Tzu and Confucius; he shows how similar their teachings are in spite of the differences of time and culture. He was an ardent devotee of Gurudev and says about him: "Sivanandaji's life is but a song of love, a love that knew no limitations, a love that had no thought for self, but constantly and in practice wished the welfare of everyone."

Price: ₹25.00



Sivananda: Poet, Philosopher and Saint

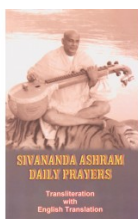
Ref: E017

Author: Other Authors

Language: English

Smt. Savitri Asopa was a Master of Philosophy and a very keen seeker after Truth. When she entered Ananda Kutir on 15th March 1954 and met Sri Swami Sivananda, her life changed from utter darkness into light and joy. She wrote this biography "moved by the sweetest and sublimest love of her Gurudeva". For her, only two things counted: one is a ceaseless striving from below and the other is the answer of unbounded love from above. The book gives a picture of the perfect Guru–Disciple Relationship – the divine guru and the gratitude and adoration of the disciple.

Price: ₹70.00



Sivananda Ashram Daily Prayers

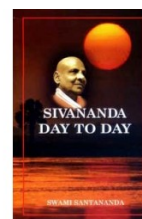
Ref: E055

Author: Other Authors

Language: English

Transliteration and English Translation of the Mantras and other recitations, chanted daily in the morning and evening Satsang in the Ashram Headquarters.

Price: ₹170.00



Sivananda Day to Day

Ref: E03

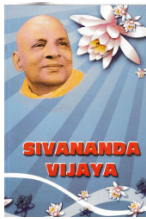
Author: Other Authors

Language: English

There have been many chroniclers who faithfully recorded whatever Gurudev Swami Sivanandaji Maharaj had said or spoken either in Satsangas, or while holding audiences. or while attending to the official work, or while even walking with devotees or disciples – irrespective of what the venue was. Any situation was perfect for the flow of wisdom from his holy lips. Volumes have been filled with such conversations and they all go by the title "Sivananda: Day-to-Day." Subsequently, some of them have appeared under the title "The Gospel of Swami Sivananda." This book is one such attempt by the late Swami Santanandaji Maharaj who happened to be in the Ashram's administration for some time besides being in personal service of Gurudev.

[More Information](#)

Price: ₹180.00



Sivananda Vijaya

Ref: E028

Author: Other Authors

Language: English

Sivananda Vijaya

Price: ₹50.00



Svanubhuti

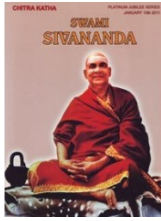
Ref: E069

Author: Other Authors

Language: English

Translated by Dr. Mrs. Sita K. Nambiar. This book clearly shows the entire meaning of the whole Vedanta. The author has adopted the method of posing a doubt and going on to give the reply, thereby arresting the attention of the reader and making it pin-pointed, which makes the presentation more effective.

Price: ₹20.00



Swami Sivananda (Chitra Katha)

Ref: EO43

Author: Other Authors

Language: English

Swami Sivananda, spiritual stalwart of our contemporary era, stands but as a unique, inspiring and absorbing narrative of a truly spiritual life. His is the story of a man who gave up the bright career of a doctor in the rubber plantations of Malaya and came to reside in the Himalayas to seek spiritual enlightenment. Today, his name has become a byword among spiritual seekers all over the world. Driven by a burning desire to serve the world, Swami Sivananda built up the Divine Life Society and the Yoga Vedanta Forest Academy to train and enlighten seekers of Truth and Godliness. The present book is an illustrated version of the interesting story of this great God–man.

Price: ₹70.00



Swami Sivananda: A Modern Sage

Ref: EO30

Author: Other Authors

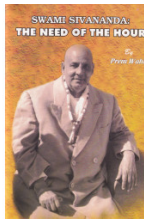
Language: English

The life story of Sri Swami Sivananda has been given in a short form. A study of his life will reveal to us the experiences of a man who rests in Universal Consciousness.

Price: ₹50.00

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Swami Sivananda: The Need of the Hour

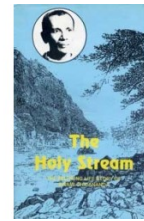
Ref: E026

Author: Other Authors

Language: English

Swami Sivananda: The Need of the Hour

Price: ₹35.00



The Holy Stream

Ref: E01

Author: Other Authors

Language: English

The inspiring life story of H.H. Sri Swami Chidanandaji Maharaj.

[More Information](#)

Price: ₹185.00



This Monk from India

Ref: E08

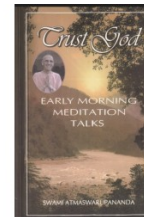
Author: Other Authors

Language: English

An engaging, authentic biography of a living saint, Sri Swami Chidananda.

[More Information](#)

Price: ₹125.00



Trust God

Ref: E059

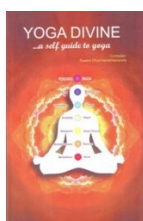
Author: Other Authors

Language: English

A collection of 85 inspiring talks delivered at the conclusion of the early morning meditation at Sivananda Ashram.

[More Information](#)

Price: ₹215.00



Yoga Divine - A Self Guide to Yoga

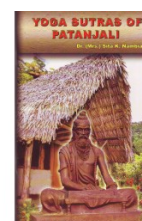
Ref: E018

Author: Other Authors

Language: English

To enable the readers to practice Yogic exercises at their homes, we have brought out this book by the Yoga instructor of the Headquarters Ashram. This book was originally designed as a personal guide for the trainees of All India Services and other Central Government group A services who are taking Yoga classes in the Lal Bahadur Shastri National Academy, Mussoorie. The Headquarters Ashram has been rendering the service of Yoga training to the IAS officials for nearly half a century. This book contains valuable practical instructions on Asanas, Pranayama, Mudras and Bandhas along with appropriate illustrations. We hope that it will be helpful for all those people who desire to keep themselves hale and hearty but cannot spare much time for vigorous exercises and playing outdoor games.

Price: ₹75.00



Yoga Sutras of Patanjali

Ref: E062

Author: Other Authors

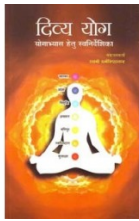
Language: English

The Yoga Sutras of Patanjali are the standard Text on Yoga and these Sutras constitute a philosophy as well as a practical technique of meditation. The present edition is a result of the labour of love extended by Dr. Sita Nambiar, a recognised scholar in Sanskrit literature and Indian philosophy. The author has carefully selected relevant Sutras from the original Text and has given her annotations which are highly useful to beginners seeking to gain knowledge of this majestic production of Sage Patanjali, which is one of the Six Darshanas or systems of philosophy in India.

Price: ₹95.00

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Divya Yoga (in Hindi)

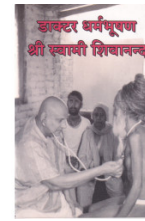
Ref: H017

Author: Other Authors

Language: Hindi

Yoga Divine – A Self Guide to Yoga.

Price: ₹90.00



Doctor Dharmabhusan Sri Swami Sivananda (in Hindi)

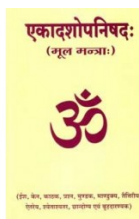
Ref: H016

Author: Other Authors

Language: Hindi

Doctor Dharmabhusan Sri Swami Sivananda (in Hindi)

Price: ₹35.00



Ekadashopanishadaha (in Sanskrit)

Ref: H013

Author: Other Authors

Language: Hindi

Contains Mantras of eleven Upanishads (Isha, Kena, Kathaka, Prasna, Mundaka, Mandukya, Taittiriya, Aiteriya, Swetaswatara, Chhandogya and Brihadaranyaka).

Price: ₹140.00



Gurudev Kutir mein Bhajan Kirtan (in Hindi)

Ref: H045

Author: Other Authors

Language: Hindi

Bhajan Kirtan in Gurudev Kutir.

Price: ₹65.00



Jivan Shrotra (in Hindi)

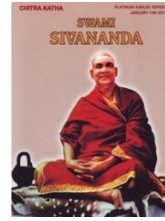
Ref: H023

Author: Other Authors

Language: Hindi

The Holy Stream.

Price: ₹150.00



Swami Sivananda Chitrakatha (in Hindi)

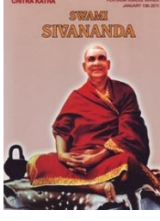
Ref: H010

Author: Other Authors

Language: Hindi

Swami Sivananda, spiritual stalwart of our contemporary era, stands but as a unique, inspiring and absorbing narrative of a truly spiritual life. His is the story of a man who gave up the bright career of a doctor in the rubber plantations of Malaya and came to reside in the Himalayas to seek spiritual enlightenment. Today, his name has become a byword among spiritual seekers all over the world. Driven by a burning desire to serve the world, Swami Sivananda built up the Divine Life Society and the Yoga Vedanta Forest Academy to train and enlighten seekers of Truth and Godliness. The present book is an illustrated version of the interesting story of this great God–man.

Price: ₹45.00



Swami Sivananda Chitrakatha (in Malayalam)

Ref: M010

Author: Other Authors

Language: Malayalam

Swami Sivananda, spiritual stalwart of our contemporary era, stands but as a unique, inspiring and absorbing narrative of a truly spiritual life. His is the story of a man who gave up the bright career of a doctor in the rubber plantations of Malaya and came to reside in the Himalayas to seek spiritual enlightenment. Today, his name has become a byword among spiritual seekers all over the world. Driven by a burning desire to serve the world, Swami Sivananda built up the Divine Life Society and the Yoga Vedanta Forest Academy to train and enlighten seekers of Truth and Godliness. The present book is an illustrated version of the interesting story of this great God–man.

Price: ₹35.00



Siva Stotra Mala (in Sanskrit)

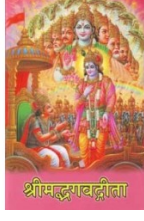
Ref: S03

Author: Other Authors

Language: Sanskrit

Contains Siva Stotras, Rudram, Chamakam, Purusha Sukta, Narayana Sukta, Siva Arati, Ganga Arati, etc.

Price: ₹35.00



Srimadbhagavadgita (Original Verse) Sanskrit Moolamatram (in Sanskrit)

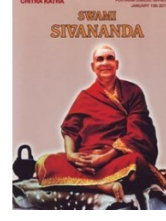
Ref: S02

Author: Other Authors

Language: Sanskrit

Srimadbhagavadgita (Original Verse) Sanskrit Moolamatram (in Sanskrit)

Price: ₹100.00



Swami Sivananda Chitrakatha (in Telugu)

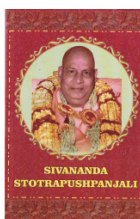
Ref: T07

Author: Other Authors

Language: Telugu

Swami Sivananda, spiritual stalwart of our contemporary era, stands but as a unique, inspiring and absorbing narrative of a truly spiritual life. His is the story of a man who gave up the bright career of a doctor in the rubber plantations of Malaya and came to reside in the Himalayas to seek spiritual enlightenment. Today, his name has become a byword among spiritual seekers all over the world. Driven by a burning desire to serve the world, Swami Sivananda built up the Divine Life Society and the Yoga Vedanta Forest Academy to train and enlighten seekers of Truth and Godliness. The present book is an illustrated version of the interesting story of this great God–man.

Price: ₹35.00



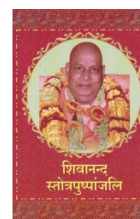
SIVANANDA STOTRAPUSHPANJALI (ENGLISH)

Ref: E031

Author: Other Authors

This handy Book with its wealth of inspiring and prayerful devotional verses is beautifully suited for daily Swadhyaya as well as for repetition during the hours of meditation and worship.

Price: ₹60.00



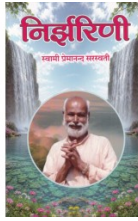
शिवानन्द स्तोत्रपुष्पांजलि (हिन्दी) (SIVANANDA STOTRAPUSHPANJALI)

Ref: H018

Author: Other Authors

यह उपयोगी पुस्तक, अपने प्रेरणादायी और प्रार्थनापूर्ण भक्तियुक्त श्लोकों के भंडार के साथ, दैनिक स्वाध्याय के साथ-साथ ध्यान और पूजा के समय पुनरावृत्ति के लिए भी उपयुक्त है।

Price: ₹55.00



NIRJHARINI (निरझरिणी)

Ref: H019

Written by Sri Swami Premanandaji

Price: ₹190.00